

ATAB 5: Mental Health, Crisis Lines and Child Welfare Office Contacts

County	Mental Health Organization	General Access Number	Crisis Number	DHS Child Welfare
Curry	Adapt Integrated Health Care	877-408-8941	877-519-9322	541-469-9299 Brookings 541-247-5437 Gold Beach
Jackson	Jackson County Mental Health	541-774-3333	988	541-776-6120
Josephine	Options for Southern Oregon	541-476-2373	541-474-5360	541-474-3120

Parenting Support, Early Childhood and Family Services

211info

Parenting support, early childhood, and family services
 CALL: **211** or **1-866-698-6155** and listen for the “parenting” option
 TEXT: “children” or “ninos” to **898211**
 EMAIL: children@211info.org
 WEBSITE: <https://www.211info.org/get-help/child-care-parenting/>

Oregon Family to Family Health Information Center

Children and youth with special health needs
 CALL: **855-323-6744** (English) or **833-990-9930** (Español)
 EMAIL: contact@oregonfamilytofamily.org
 WEBSITE: <https://www.ohsu.edu/oregon-family-to-family-health-information-center>

Oregon and National Crisis Lines

988 Suicide & Crisis Lifeline

Available 24/7: suicide prevention and crisis
 CALL/TEXT: **988** (English & Español)
 CHAT: https://988lifeline.org/chat/#specialized_services (available to all, but especially useful for persons who are deaf or hard of hearing)

YouthLine

Available 24/7: teen-to-teen crisis and help line
 Teens respond 4-10pm Monday-Friday
 CALL: **877-968-8491**
 TEXT: “teen2teen” to **839863**

The Trevor Project

Available 24/7: crisis intervention and suicide prevention for LGBTQ young people under 25
 CALL: **866-488-7386**
 TEXT: “START” to **678678**

Veterans Crisis Line

Available 24/7: suicide prevention and crisis
 CALL/TEXT: **988** (English & Español)
 CHAT: https://988lifeline.org/chat/#specialized_services (available to all, but especially useful for persons who are deaf or hard of hearing)

