

ATAB 3: Mental Health, Crisis Lines and Child Welfare Office Contacts

County	Mental Health Organization	General Access Number	Crisis Number	DHS Child Welfare
Coos	Coos Health & Wellness	541-266-6700	541-266-6800	541-756-5500
Curry	Adapt Integrated Health Care	877-408-8941	877-519-9322	541-469-9299 Brookings 541-247-5437 Gold Beach
Douglas	Adapt Integrated Health Care	541-440-3532	800-866-9780	541-271-4851 Reedsport 541-440-3373 Roseburg
Lane	Lane County Behavioral Health	541-682-3608	541-687-4000 (after hours)	541-686-7555 Eugene 541-726-6644 Springfield 541-686-7722 W. Eugene
Linn	Linn County Mental Health	541-967-3866 Albany 541-497-6205 541-451-5932 Lebanon 541-367-3888 Sweet Home	541-967-3866 & 800-304-7468	541-967-2060

Parenting Support, Early Childhood and Family Services

211info

Parenting support, early childhood, and family services
 CALL: **211** or **1-866-698-6155** and listen for the “parenting” option
 TEXT: “children” or “ninos” to **898211**
 EMAIL: children@211info.org
 WEBSITE: <https://www.211info.org/get-help/child-care-parenting/>

Oregon Family to Family Health Information Center

Children and youth with special health needs
 CALL: **855-323-6744** (English) or **833-990-9930** (Español)
 EMAIL: contact@oregonfamilytofamily.org
 WEBSITE: <https://www.ohsu.edu/oregon-family-to-family-health-information-center>



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Oregon and National Crisis Lines	
988 Suicide & Crisis Lifeline Available 24/7: suicide prevention and crisis resources CALL/TEXT: 988 (English & Español) CHAT: https://988lifeline.org/chat/#specialized_services (available to all, but especially useful for persons who are deaf or hard of hearing)	YouthLine Available 24/7: teen-to-teen crisis and help line Teens respond 4-10pm Monday-Friday CALL: 877-968-8491 TEXT: “ teen2teen ” to 839863
The Trevor Project Available 24/7: crisis intervention and suicide prevention for LGBTQ young people under 25 CALL: 866-488-7386 TEXT: “ START ” to 678678	Veterans Crisis Line Available 24/7: suicide prevention and crisis resources CALL/TEXT: 988 (English & Español) CHAT: https://988lifeline.org/chat/#specialized_services (available to all, but especially useful for persons who are deaf or hard of hearing)

