

Mus txhaj tshuaj tiv thaiv kab mob thaum ntsov!

Xyoo Kawm Ntawv 2025-2026



Oregon txoj kev cai hais kom cov me nyuam yuav tsum txhaj tshuaj tiv thaiv kab mob raws caij raws nyoog rau txoj kev kawm ntawv thiab kev zov me nyuam. Nrog koj lub tsev kawm ntawv, chaw zov me nyuam, los sis kws kho mob tham seb koj tus me nyuam puas tsim nyog txhaj tshuaj tiv thaiv kab mob ntshiv.

Ciaj ciam sij hawm rau xyoo no

Ib Hlis Ntuj hnub tim 14, 2026
Kom tsis txhob tau ib tsab ntawv
zam cai

Ob Hlis Ntuj hnub tim 25, 2026
Kom lub tsev kawm ntawv los sis
chaw zov me nyuam txhob xyeej
tus me nyuam tawm

**Tsis
txhob tos!**

**Tas sim no koj mam li muab cov
ntaub ntawv tshiab xa mus rau
koj lub tsev kawm ntawv los sis
chaw zov me nyuam.**

Mus txhaj tshuaj thaum ntsov kom
thiaj tsis tos ntev ntev hauv lub tsev
kuaj mob!

Cov me nyuam yuav mus qhov twg thiaj tau txhaj tshuaj tiv thaiv kab mob? *

- Cov kws kho me nyuam
- Tsev neeg cov kws kho mob
- Cov chaw muag tshuaj (7 xyoo rov saum)
- Cov tsev kuaj mob hauv tsev kawm ntawv
- Cov chaw saib xyuas tib neeg kev noj qab nyob zoo
- Tej tsev kuaj mob uas tsis yuav paj

**Yog koj xav tau kev pab nrhiav ib tug kws kho mob, 211 Info yog ib qho chaw zoo pib nrhiav. Lawv txawj pab kev kho mob thiab kev pab xo sau, yuav tiv tauj rau lawv nyob ntawm help@211info.org los sis ntaus 2-1-1. Muaj neeg pab txhais lus.*

Kuj muaj tau tej kev zam cai.