



**Oregon Farm Direct
Nutrition Program**

Taropwen Affat (ika Fact Sheet)



Met ewe Oregon Farm Direct Nutrition Prokram?

Ewe Farm Direct Nutrition Prokram ("Farm Direct") mi awora ngeni ekewe famini me ir mei mwuk sopwosopwen nonisin anafun mwongo me asukoonen pekin kut e amwonata mwongon atake. Farm Direct mi pwan anisi ekre chon fofot atake me chon amomo waan atake.

Ekewe famini non ewe Women, Infants me Children Special Supplemental Nutrition Prokram (WIC, Aninisin Fefin, Mwonukon me Semirit ren Anafun Mwongo Prokram) me ekewe ir mei mwuk mi elichipon faniten ar moni tonong repwe nounou pisekin kamo ar repwe tongeni kamo non ekewe neenien amomo waan atake ren fruits me vegetepon.

Ei prokram an Oregon mi angei monien seni federal ren ewe Prokramen USDA Farmers Market Nutrition Prokram mi pwan angei aninisin seni ewe state ren pwan aninisin monien.

WIC Apachan Famini

Chon pach non WIC repwe pwan angei \$28 ukukun Monien Farm Direct. seni ekewe neenien pioing non neenier ika atun asukoon, non ranin appointment ika non ekewe neenien amomo waan atake.

Farm Direct pwan iei ew anen aninis WIC mi nounou ne awora mwongo me asukoonen mwongo ngeni ekewe famini mi pach non. WIC mi anisi ekewe mi pwopwo mi nafungaw nour moni tonong, fefin ra keran wes me nounou ir mi kan atu nour, mwonukon me semirit resan tori iei 5 ir mi wor osukosuken ika nafungawen mwongo ika semwen. Fefin, semirit me mwonukon watte seni ier 4 maram ir mi elichipon repwe apach non Farm Direct.

Apachen ir mei mwuk

Iteiten ier ekewe mei mwuk mi torir taropwen seni nesoponon April faniten repwe ketiwinong non ei prokram. Ekewe mei mwuk repwe akomw ponuweni ei taropwen me mwen ewe ran mi afat me mwen ar repwe tongeni nounou \$32 ren aninisin Monien Farm Direct. Ika pwun esapw naf monien aninis faniten meinis in ir mi ponuweni ika amasow, epwe chek kafinita ekoch seni ar repwe tongeni apach.

Ekei mei mwuk ree ier 62 ika watte seni repwe pwan nomw won Medicaid ika SNAP (food stamp) me won April 1 me mwen repwe elichipon. Sopwosopwono, ekei mei mwuk resaw nomw non ekewe neenien tumwun mi kawor mwongo faniter, repwe pwan nomw non ree kinikinin nafungawen moni tonong faniten ei prokram.

Ren sopwosopwen porous fisit SeniorFarmDirect.Oregon.gov.

Ia ka tongeni nounou ekei Monien Farm Direct?

Mi wor ukukun 700 chon amomo waan atake mi pach non ei prokram, mi pwan wor ekewe neeni ka tongeni kamo won ekei Monien Farm Direct me non ekewe Oregon county. Fisit myoregonfarm.org ren ew maken lisen ekewe sitowan amomo waan atake me neenien amomo mi kane ngonuk.

Met sokun mwongo ka tongeni kamo?

Ekei monien Farm Direct ka tongeni chok kamo ngeni wan atake ren fruit, vegetepon me iraan nofitin mongo. Ekewe pisek kese tongeni kamo mi pachenong mwongo mi apwas, jams, honey, iraa, ika fruit/vegetepon ese for non Oregon (awewe ren uuch).



Pwata epwe ekewe chok waan atake mi fot non neeniach?

Ei prokram mi anisi famini non Oregon ar repwe anisi ekewe chon fot atake non ewe neeni pwan anisi chochon non neeniach. Ekewe waan atake non ekewe sitowan mi watte fan ekoch resapw feito seni ekewe chon for atake non ewe neeni. Ika ke seni ekei chon for atake wewen pwun ir repwe angei unusen 100% ekei Monien Farm Direct.

Inet ka tongeni nounou Monien Farm Direct?

Nefinen June 1 me Novemper 30.



USDA mi awora aninis mi weweno chok ngeni aramas meinisin. Ka tongeni angei ei taropwe non fosun ekkoch fonu, epwe mesemóng, non nikinikin noun mei chuun, ika met sokkun ke mochen. Kori ewe Contact WIC ren 971-673-0040. Kich mei etiwa meinisin chon atoura koko ika ka tongeni kokori 711.

Ifa usun ei Farm Direct mi anisi ekewe chon fofot atake?

Ekewe chon fofot mi pachenong ra tongeni wor nour kastemer iwe pwan repwe angei momon ekewe metoch Me non Monien Farm Direct; ei mi anisi an epwe chomong nour moni tonong pwan aninisin at kewe neenien atake. Iwe, ekei chon fofot ra nouni ekewe moni me non neenier, ei metoch mi anisi pekin moni non neeniach ren mamaritan. Farm Direct mi wanong ukukun \$1.5 million non poun ekewe chon fofot me non Oregon iteiten ier. Mi ouchea ngeni nonomwun neeniach an ekei chon fotoki atake repwe sopwosopwono angangen ar business mi pwan ouchea ngeni nonomwun manawach.

Mei wor ekoch kapas eis?

- **Apachen WIC:**
Kokori ewe neenien WIC non neeniomw pioing ika kori 211, ese-kamo omw kopwe kutta meeni e kane ngonuk WIC pioing
- **Apachen ir mei mwuk:**
Kokori Senior Farm Direct ese-kamo ren 1-866-299-3562
- **Chon fofot, neenien amomo waan atake, me kapas eis ese ni ini in:**
Kori 877-807-0889, Finata 2, ika emailini oregon.fdnep@odhsoha.oregon.gov
- **Ren sopwosopwen porous:**
fisit myoregonfarm.org

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