

Eat Fresh and Support Local Farms

2026 Senior Farm Direct Shopping Instructions

How to use your Farm Direct Dollars:

1. Visit a participating farmers market or farm stand.
Find a location on this website: myoregonfarm.org
2. Look for these signs to find produce farms who accept Farm Direct Dollars or ask market staff for help.
3. Choose the locally grown fresh fruit, vegetables or cut herbs that you want to buy.
4. Pay the farmer using your Farm Direct Dollars.



Remember:

- Choose only locally grown produce (no bananas, oranges, lemons, pineapples, etc.).
- Vouchers are not accepted at regular grocery stores.
- Plan your purchase since you will not receive change.
- Spend by November 30, 2026. Some locations close before this date.

Use to Buy:

- Fresh fruit
- Fresh vegetables
- Fresh cut herbs

Other helpful tips:

- Keep your vouchers in a safe place. Lost or stolen vouchers cannot be replaced.
- You may have someone else shop for you.
- Shop before your local markets and farm stands close for the season. July and August typically provide the most produce variety.
- Many farmers markets also accept SNAP (food stamps). Spend your SNAP at a farmers market offering Double Up Food Bucks and get a dollar-for-dollar match up to \$20 to buy more fruit and vegetables. Learn more at www.doubleuporegon.org or dial 211 (toll free).
- Find health and nutrition information at: www.foodhero.org/older-adults

If you have questions, please call 1-866-299-3562.

Cómo usar sus dólares de Farm Direct:

1. Visite cualquier mercado o puesto de agricultores que esté participando. Para encontrar un mercado o puesto participante vaya a la página: myoregonfarm.org
2. Busque los letreros “Oregon Farm Direct Nutrition Program Bienvenidos Aquí” o pida ayuda al personal del mercado.
3. Escoja las frutas, verduras y hierbas frescas que quiera comprar. Los productos deben ser cultivados localmente.
4. Pague al agricultor con sus dólares de Farm Direct.

Recuerde:

- Sólo elija productos cultivados localmente (no plátanos, naranjas, limones, piñas, etc.).
- Use sus dólares en los mercados y puestos de granja antes del 30 de noviembre.
- Alguien más puede hacer compras por usted.
- Planeé como va usar sus dólares ya que no recibirá cambio.
- Si pierde sus dólares o se los roban, no se pueden reemplazar.
- Sus dólares de Farm Direct no se aceptan en tiendas de supermercado regulares.

Puede Comprar:

- Frutas frescas
- Vegetales frescos
- Hierbas frescas

Si necesita asistencia en español, por favor llame al 1-866-299-3562.

Если вам нужна помощь на русском языке, пожалуйста звоните
1-866-299-3562

Nếu bạn cần trợ giúp bằng tiếng Việt, xin vui lòng gọi 1-866-299-3562

如果您需要中文服务，请拨打1-866-299-3562

If you want to report a complaint against a farmer, farmers market, or farm stand regarding Farm Direct practices, please call 1-866-299-3562.



OREGON DEPARTMENT OF
Human Services



**Oregon Senior
Farm Direct**