

Changes to Clinical Practice Standards: January 2025

The RHCare Clinical Practice Standards are meant to ensure that all clients are provided the same high-quality scope of reproductive health services at certified RHCare clinics.

Clinical Practice Standard	Type of Change	Notes
Implant	Change in national standards	Added additional options for medical management of irregular bleeding (tranexamic acid, tamoxifen, etc.)
Intrauterine Contraception	Change in national standards	Added that all clients should be counseled on potential pain during IUD placement as well as the risks, benefits, and alternatives of different options for pain management. Added additional options for management of client pain and anxiety during IUD placement.
Pharmacy Dispensing CPS	Removed	Continuing to remove non-clinical CPSs and those that do not apply to all RHCare agencies. (This document is specific to agencies that have a Community Health Center registration with the Board of Pharmacy). This document is available as a sample policy upon request.
Reproductive Health Well Visit	Change in national standards	Cervical cancer screening recommendations updated to reflect USPSTF guidelines. Previously cotesting, HPV primary testing, and cytology alone were considered equivalent screening options for people 30-65. The USPSTF now recommends HPV primary screening, with cotesting and cytology alone listed as alternative options. The HPV test can be collected in clinic by a provider or self-collected in clinic by the client with one of the newer FDA-approved HPV self-tests.
all birth control method CPSs that contain links to the US MEC	Change in national standards	Updated links to the 2024 CDC US MEC summary chart. Updated list of references to the 2024 US MEC and SPR.