



OREGON
SHS

STUDENT HEALTH SURVEY

Amplify voices • Advocate needs • Empower youth health

DATA TABLES

STATE OF OREGON



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DATA TABLES INTRODUCTION

The 2024 Student Health Survey (SHS) provides important data that can improve our understanding of the challenges students face. The findings from the SHS can be used to bridge the knowledge gap between students and the adults and communities who support them to ensure that Oregon provides a safe, supportive, and equitable environment where all youth can thrive.

Results for your DISTRICT / SCHOOL are provided in these data tables.

These data tables show your district or school results by grade, compared to the statewide results. A table is included for every question in the survey, as well as for calculated variables (ex: PYD Benchmark) and recoded or collapsed responses (ex: has a disability/does not have a disability).

2024 results are presented in comparison to 2022 SHS data tables. Results for previous years are available on the Oregon Student Health Survey (SHS) Data Portal (<https://www.bach-harrison.com/SHSDataPortal>) (2024 results will be available on the portal by the end of June 2025).

Information required for Drug-Free Communities (DFC) Core Measure reporting is also included with these tables.

BY THE NUMBERS

Over 62,000 students participated in the 2024 SHS:

6th grade:	23,326
8th grade:	21,884
11th grade:	17,041
Total:	62,251

They represent:

- 139 Districts
- 533 Schools
- 35 Counties

The SHS was administered at schools between October 2024 and January 2025.

DATA TABLES

This section features results by grade for each question on the survey. A table is also included for calculated variables/recodes.

These tables show the percentage that marked each possible response for each question. Calculated variables or recodes that show the results for questions in a different way, such as combining responses (e.g., percentage of students who have one or more disabilities vs. those with no disabilities) or basing percentages on a subset of respondents (e.g., percentage who drank 5 or more drinks in row in past 30 days only among those who drank alcohol in past 30 days).

The 6th and 8th grade surveys consisted of a subset of questions on the 11th grade survey. Data for questions that did not appear on the 6th or 8th grade version are shown as “n/a” (not applicable). Response categories for questions with no respondents will show “0.0”.

Table 1. Students Surveyed

	State 2022								State 2024							
	6th		8th		11th		Total		6th		8th		11th		Total	
	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n
Students surveyed	36.4	16,598	35.8	16,316	27.8	12,685	100.0	45,599	37.5	23,326	35.2	21,884	27.4	17,041	100.0	62,251

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

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2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

OVERALL HEALTH

Table 2. Would you say that in general your emotional and mental health is...

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Excellent	15.4	12.3	6.9	11.5	15.5	12.5	8.1	11.9
Very good	21.1	17.5	13.1	17.2	22.3	20.5	15.9	19.4
Good	27.8	26.3	25.3	26.4	28.4	27.2	28.8	28.2
Fair	15.6	21.5	29.7	22.3	15.4	20.2	26.6	20.9
Poor	7.2	12.9	18.4	12.9	7.5	10.6	14.7	11.0
Don't know/Refused to answer	12.9	9.5	6.7	9.6	10.9	9.0	5.9	8.5

Table 3. Would you say that in general your physical health is...

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Excellent	19.9	16.7	12.0	16.1	20.9	17.7	11.5	16.5
Very good	25.8	24.6	22.6	24.3	28.0	26.1	24.4	26.1
Good	29.7	31.7	34.2	31.9	29.3	32.0	33.4	31.6
Fair	12.5	17.1	22.0	17.3	12.0	15.5	21.4	16.5
Poor	2.8	4.3	6.2	4.4	2.9	4.4	6.4	4.6
Don't know/Refused to answer	9.4	5.6	3.1	6.0	6.9	4.4	2.9	4.7

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 4. Which of the following are you most likely to do after you complete high school? You can choose more than one.

	State 2024			
	6th	8th	11th	Total
Join the military	n/a	n/a	10.5	10.5
Work a full-time job	n/a	n/a	28.8	28.8
Work a part-time job	n/a	n/a	28.0	28.0
Attend a technical or trade school	n/a	n/a	16.7	16.7
Attend community college	n/a	n/a	27.1	27.1
Attend a 4-year college	n/a	n/a	56.5	56.5
Something else	n/a	n/a	10.8	10.8
Don't know/Refused to answer	n/a	n/a	11.3	11.3

*New question in 2024.

CLIMATE CHANGE

Table 5. How confident are you that climate change is or is not happening?

	State 2024			
	6th	8th	11th	Total
Very confident it IS NOT happening	n/a	n/a	3.3	3.3
Somewhat confident it IS NOT happening	n/a	n/a	2.7	2.7
Don't know if it is happening or not	n/a	n/a	9.3	9.3
Somewhat confident it IS happening	n/a	n/a	18.9	18.9
Very confident it IS happening	n/a	n/a	49.9	49.9
Don't know/Refused to answer	n/a	n/a	16.0	16.0

*New question in 2024.

Table 6. How often do you feel emotionally stressed (for example: helpless, frustrated or sad) about the future because of climate change?

	State 2024			
	6th	8th	11th	Total
Never	n/a	n/a	20.4	20.4
Rarely	n/a	n/a	20.5	20.5
Sometimes	n/a	n/a	27.3	27.3
Often	n/a	n/a	14.4	14.4
Very often	n/a	n/a	10.7	10.7
Don't know/Refused to answer	n/a	n/a	6.7	6.7

*New question in 2024.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 7. In the past 12 months, have your feelings about climate change negatively affected your daily life (for example: ability to focus or concentrate, sleep, eat, have fun, enjoy relationships)?

	State 2024			
	6th	8th	11th	Total
Never	n/a	n/a	50.3	50.3
Rarely	n/a	n/a	20.9	20.9
Sometimes	n/a	n/a	12.2	12.2
Often	n/a	n/a	3.7	3.7
Very often	n/a	n/a	1.8	1.8
Don't know/Refused to answer	n/a	n/a	11.1	11.1

*New question in 2024.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

SOCIAL MEDIA

Table 8. How often do you check your phone, laptop, Chromebook or tablet when you're not asleep or in school?

	State 2024			
	6th	8th	11th	Total
Every 5 minutes or less	n/a	13.7	14.6	14.1
Every 6-15 minutes	n/a	21.8	31.0	26.5
Every half hour to hour	n/a	24.1	28.4	26.3
Every 2-4 hours	n/a	11.7	7.8	9.7
Every 4+ hours	n/a	8.8	5.0	6.9
I don't have a cell phone, smart phone , laptop, Chromebook or tablet	n/a	2.9	0.6	1.7
Don't know/Refused to answer	n/a	16.9	12.7	14.7

*New question in 2024.

Table 9. Do you think your use of social media (Instagram or TikTok) makes each of the following better or worse?: How you feel about your body

	State 2024			
	6th	8th	11th	Total
A lot better	n/a	11.5	7.6	9.5
A little better	n/a	9.7	7.6	8.7
Neither better nor worse	n/a	38.2	42.5	40.4
A little worse	n/a	13.4	19.0	16.3
A lot worse	n/a	7.8	9.1	8.5
Don't know/Refused to answer	n/a	19.4	14.2	16.7

*New question in 2024.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 10. Do you think your use of social media (Instagram or TikTok) makes each of the following better or worse?: Grades in school

	State 2024			
	6th	8th	11th	Total
A lot better	n/a	11.9	9.2	10.5
A little better	n/a	15.4	11.7	13.5
Neither better nor worse	n/a	43.1	46.1	44.6
A little worse	n/a	10.0	15.4	12.7
A lot worse	n/a	4.3	5.8	5.1
Don't know/Refused to answer	n/a	15.3	11.8	13.5

*New question in 2024.

Table 11. Do you think your use of social media (Instagram or TikTok) makes each of the following better or worse?: Relationships with friends or family

	State 2024			
	6th	8th	11th	Total
A lot better	n/a	19.2	12.4	15.7
A little better	n/a	16.6	15.2	15.9
Neither better nor worse	n/a	37.8	46.6	42.3
A little worse	n/a	8.4	10.9	9.7
A lot worse	n/a	3.0	2.8	2.9
Don't know/Refused to answer	n/a	15.0	12.1	13.5

*New question in 2024.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 12. Do you think your use of social media (Instagram or TikTok) makes each of the following better or worse?: Your mental health or sense of well-being

	State 2024			
	6th	8th	11th	Total
A lot better	n/a	14.0	8.3	11.1
A little better	n/a	14.5	11.2	12.8
Neither better nor worse	n/a	34.2	40.7	37.5
A little worse	n/a	12.6	19.0	15.9
A lot worse	n/a	6.6	7.9	7.2
Don't know/Refused to answer	n/a	18.1	13.0	15.5

*New question in 2024.

DEMOGRAPHICS

Table 13. What is your race or ethnicity? You can choose more than one.*

	State 2022								State 2024							
	6th		8th		11th		Total		6th		8th		11th		Total	
	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n
Indigenous American, American Indian or Alaska Native	5.2	847	6.2	959	4.6	591	5.3	2,397	5.7	1,342	6.4	1,380	6.1	1,044	6.1	3,766
Asian Indian, Chinese, Filipino, Japanese, Korean, Vietnamese, or other Asian	6.3	1,225	7.9	1,510	7.9	1,161	7.4	3,896	8.2	2,004	9.3	2,109	9.9	1,647	9.2	5,760
Black or African American	4.4	691	5.9	890	4.5	511	5.0	2,092	4.8	1,143	5.6	1,280	5.0	849	5.1	3,272
Hispanic or Latino/a/x	23.2	3,340	29.0	4,057	30.5	3,159	27.6	10,556	20.2	4,976	24.2	5,545	25.2	4,402	23.3	14,923
Native Hawaiian or Pacific Islander	1.7	274	2.2	348	2.2	295	2.0	917	2.4	545	2.7	610	2.4	416	2.5	1,571
Middle Eastern	0.8	166	1.2	226	1.5	194	1.2	586	1.4	338	1.8	418	1.9	299	1.7	1,055
North African	0.6	105	0.7	114	0.6	64	0.6	283	0.8	184	0.8	178	0.6	112	0.7	474
White	41.9	7,457	54.0	9,303	61.7	8,393	52.7	25,153	51.9	11,554	61.6	13,010	67.0	11,336	60.4	35,900
Don't know/Refused to answer	20.3	3,198	8.4	1,350	4.1	475	10.9	5,023	20.8	4,807	9.3	2,031	4.7	722	11.4	7,560

*Totals may not sum to 100% as multiple responses are permitted. Response categories changed from 2022.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 14. If you chose American Indian or Alaska Native. Are you... You can choose more than one.*

	State 2022								State 2024							
	6th		8th		11th		Total		6th		8th		11th		Total	
	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n
Indigenous American**	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	34.9	474	42.3	569	48.8	499	42.4	1,542
American Indian	58.5	477	72.0	620	71.8	419	67.8	1,516	28.4	354	33.4	438	39.9	396	34.2	1,188
Alaska Native	8.3	75	11.8	111	12.3	75	10.8	261	7.3	87	10.3	151	10.0	107	9.3	345
Indigenous Mexican, Central American, or South American	12.5	97	15.8	149	19.1	97	15.8	343	12.4	171	15.4	203	17.3	169	15.1	543
Canadian Inuit, Metis, or First Nation	1.5	14	4.4	40	5.6	35	3.8	89	0.9	14	4.2	55	3.8	40	3.1	109
Something else fits better (Please Specify)	15.4	140	9.8	112	4.9	31	10.1	283	26.3	348	20.0	280	10.0	107	18.4	735
Don't know/Refused to answer	20.1	149	14.0	147	15.9	79	16.5	375	17.3	227	14.4	204	10.5	117	13.9	548

*Denominator is among those who identify as American Indian or Alaska Native. Totals may not sum to 100% as multiple responses are permitted.

**New option in 2024.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 15. If you chose Asian. Are you... You can choose more than one.*

	State 2022								State 2024							
	6th		8th		11th		Total		6th		8th		11th		Total	
	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n
Asian Indian	11.0	171	14.2	235	10.6	137	12.0	543	11.7	261	12.1	274	9.3	160	10.9	695
Cambodian	3.7	45	4.9	67	4.2	45	4.3	157	4.5	82	4.9	98	4.2	80	4.5	260
Chinese	18.2	258	20.0	327	22.7	270	20.5	855	22.1	426	22.2	456	23.7	395	22.7	1,277
Communities of Myanmar	1.6	9	3.5	35	3.4	29	2.9	73	1.5	27	2.8	58	2.3	40	2.3	125
Filipino/a/x	16.1	176	17.8	231	21.5	226	18.7	633	11.0	210	18.4	378	17.0	284	15.8	872
Hmong	6.1	45	6.8	69	6.1	48	6.4	162	2.5	45	4.3	95	3.2	53	3.4	193
Japanese	11.6	143	14.6	205	15.4	169	14.1	517	13.2	241	17.5	316	13.9	238	14.9	795
Korean	8.3	118	12.6	188	11.8	154	11.1	460	10.0	196	12.9	274	12.0	201	11.7	671
Laotian	1.4	22	5.2	63	5.1	42	4.1	127	1.9	41	3.7	81	4.7	75	3.5	197
South Asian	3.4	47	7.2	98	6.1	75	5.8	220	3.8	73	5.6	126	6.9	106	5.6	305
Vietnamese	16.5	186	18.3	259	17.9	196	17.7	641	14.7	302	15.5	302	21.9	327	17.7	931
Something else fits better (Please Specify)	18.4	199	11.4	164	8.6	98	12.3	461	20.4	414	14.3	316	11.6	177	15.0	907
Don't know/Refused to answer	7.1	75	5.5	78	3.3	34	5.1	187	8.9	149	5.4	114	3.9	69	5.8	332

* Denominator is among those who identify as Asian. Totals may not sum to 100% as multiple responses are permitted.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 16. If you chose Black or African American. Are you... You can choose more than one.*

	State 2022								State 2024							
	6th		8th		11th		Total		6th		8th		11th		Total	
	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n
Black	62.6	409	65.9	540	59.1	305	62.8	1,254	59.4	642	56.3	696	60.1	501	58.5	1,839
African American	51.5	336	46.6	412	54.5	254	50.5	1,002	45.6	525	47.5	589	51.0	423	48.1	1,537
Afro-Caribbean**	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	1.8	19	7.0	81	7.8	64	5.7	164
Afro-Latino/a/x**	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	5.7	67	10.7	125	12.4	105	9.8	297
Jamaican	3.3	26	5.3	51	11.1	44	6.5	121	3.5	42	7.4	93	7.7	67	6.3	202
Haitian	1.4	9	3.0	28	5.6	27	3.3	64	1.2	14	4.4	57	5.9	50	3.9	121
Ethiopian	5.0	39	6.1	53	8.0	41	6.4	133	3.8	44	7.3	96	9.9	80	7.2	220
Somali	1.9	12	4.3	39	6.2	27	4.2	78	3.6	42	5.9	69	7.0	57	5.6	168
Something else fits better (Please Specify)	18.1	115	13.0	124	6.7	42	12.6	281	21.5	241	15.6	199	11.7	102	16.0	542
Don't know/Refused to answer	6.7	46	8.7	72	6.4	31	7.4	149	7.4	89	7.7	103	6.3	54	7.1	246

*Denominator is among those who identify as Black or African American. Totals may not sum to 100% as multiple responses are permitted.

**New option in 2024.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 17. If you chose Hispanic or Latino/a/x. Are you... You can choose more than one.*

	State 2022								State 2024							
	6th		8th		11th		Total		6th		8th		11th		Total	
	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n
Mexican, Mexican American, Chicano/a/x	83.0	2,699	85.1	3,332	87.7	2,624	85.5	8,655	77.3	3,799	80.3	4,391	82.6	3,583	80.4	11,773
Puerto Rican	1.9	70	2.4	112	2.5	91	2.3	273	2.4	109	3.8	187	3.1	128	3.1	424
Cuban	1.1	39	1.4	61	1.6	58	1.4	158	1.6	63	2.1	113	1.9	78	1.9	254
Guatemalan	3.7	149	4.0	185	3.9	154	3.9	488	4.7	245	5.0	278	4.8	223	4.9	746
Honduran	0.7	30	1.1	55	1.0	35	1.0	120	1.1	57	1.6	94	1.9	81	1.6	232
El Salvadoran	2.9	101	3.3	139	2.4	84	2.9	324	2.1	108	3.6	176	3.0	128	3.0	412
Afro-Latino/a/x/e**	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	2.5	130	2.6	136	2.2	94	2.4	360
Something else fits better (Please Specify)	6.5	201	3.5	144	2.1	70	3.8	415	12.8	606	8.3	439	6.3	275	8.8	1,320
Don't know/Refused to answer	6.1	199	5.8	216	3.3	114	4.9	529	7.0	323	5.7	316	4.9	214	5.8	853

*Denominator is among those who identify as Hispanic or Latino/a/x. Totals may not sum to 100% as multiple responses are permitted.

**New option in 2024.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 18. If you chose Native Hawaiian or Pacific Islander. Are you... You can choose more than one.*

	State 2022								State 2024							
	6th		8th		11th		Total		6th		8th		11th		Total	
	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n
Native Hawaiian/Kanaka Maoli	37.1	100	37.3	121	37.6	100	37.3	321	31.2	161	32.1	195	39.4	145	34.3	501
CHAmoru (Chamorro)	2.7	10	11.9	31	7.8	20	7.9	61	4.2	23	9.9	60	13.0	51	9.2	134
Chuukese	13.4	25	23.3	57	15.3	35	17.7	117	10.7	59	14.0	80	11.1	43	12.0	182
Communities of the Micronesian Region	6.3	13	12.8	33	11.3	22	10.5	68	5.2	27	9.1	55	10.0	38	8.2	120
Fijian	3.2	8	7.4	24	9.1	20	6.8	52	1.8	10	7.6	44	10.0	35	6.7	89
Guamanian	7.8	14	9.6	30	6.5	19	8.0	63	2.9	16	6.6	40	7.7	32	5.8	88
Kosraean	3.1	7	6.9	19	4.7	12	5.1	38	0.8	5	5.9	34	6.5	26	4.6	65
Maori	0.4	2	6.9	21	4.9	14	4.4	37	1.5	6	5.4	32	9.5	36	5.6	74
Marshallese	4.5	14	7.8	28	9.5	24	7.5	66	3.4	20	15.2	48	9.3	39	9.6	107
Palauan	1.1	3	9.5	25	5.2	13	5.7	41	2.3	12	6.0	34	7.1	28	5.2	74
Samoan	7.9	20	11.6	43	17.0	46	12.5	109	10.0	55	14.9	85	19.2	71	14.9	211
Tongan	2.9	7	8.7	27	11.7	28	8.2	62	3.9	19	7.8	45	10.7	38	7.6	102
Something else fits better (Please Specify)	9.5	26	13.3	39	7.0	20	10.0	85	20.9	104	12.8	74	13.0	45	15.3	223
Don't know/Refused to answer	17.9	49	18.8	62	18.4	45	18.4	156	26.4	118	19.8	116	19.6	80	21.7	314

*Denominator is among those who identify as Native Hawaiian or Pacific Islander. Totals may not sum to 100% as multiple responses are permitted.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 19. If you chose White. Are you... You can choose more than one.*

	State 2022								State 2024							
	6th		8th		11th		Total		6th		8th		11th		Total	
	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n
English	70.6	5,073	61.5	5,395	54.6	4,263	61.2	14,731	83.0	9,542	75.2	9,756	69.7	7,847	75.2	27,145
French	4.7	338	6.7	620	8.0	647	6.7	1,605	4.7	533	6.4	798	6.4	724	5.9	2,055
German	12.5	956	19.0	1,703	22.1	1,835	18.5	4,494	12.6	1,445	18.4	2,312	19.5	2,133	17.2	5,890
Greek	1.2	93	2.2	182	2.0	148	1.9	423	1.2	138	1.7	227	1.4	171	1.5	536
Irish	12.7	984	18.1	1,629	21.0	1,653	17.8	4,266	12.0	1,361	15.6	1,910	15.9	1,764	14.7	5,035
Italian	6.3	472	8.0	732	8.3	665	7.6	1,869	5.8	668	8.1	1,029	7.2	797	7.1	2,494
Norwegian	3.4	260	5.2	493	7.0	543	5.4	1,296	3.8	437	5.7	665	5.3	634	5.0	1,736
Polish	1.9	151	3.1	294	3.5	293	2.9	738	2.7	295	3.3	420	3.6	383	3.3	1,098
Romanian	0.4	33	1.0	88	1.0	71	0.8	192	0.5	63	0.7	100	0.7	86	0.6	249
Russian	3.0	195	4.0	321	3.9	293	3.7	809	2.6	315	4.1	496	2.9	316	3.2	1,127
Scottish	6.8	517	9.1	792	9.8	799	8.8	2,108	6.6	720	9.1	1,102	9.1	993	8.4	2,815
Spaniard/Spanish	4.8	295	3.8	315	3.7	280	4.0	890	5.1	619	4.3	567	3.4	397	4.2	1,583
Swedish	3.7	311	5.4	488	6.2	533	5.2	1,332	4.6	497	5.1	655	5.1	571	4.9	1,723
Ukrainian	1.3	97	2.3	175	1.7	126	1.8	398	1.4	166	2.0	264	1.7	173	1.7	603
Something else fits better (Please Specify)	10.9	809	9.8	871	7.4	625	9.1	2,305	10.8	1,254	9.1	1,163	8.5	891	9.3	3,308
Don't know/Refused to answer	13.1	988	17.3	1,544	19.4	1,542	17.0	4,074	7.9	855	10.1	1,286	11.7	1,310	10.1	3,451

*Denominator is among those who identify as White. Totals may not sum to 100% as multiple responses are permitted.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 20. Single vs. Multiple Identities Selected

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Single race or ethnicity selected	67.7	75.2	80.4	74.6	65.7	74.1	77.3	72.5
Two or more races or ethnicities selected	10.4	16.1	15.4	14.1	13.5	16.6	18.0	16.1
Don't know/Refused to answer	11.4	4.4	1.5	5.6	20.8	9.3	4.7	11.4

Table 21. Is there one you think of as your main racial or ethnic identity?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes, I have one main race or ethnic identity	35.5	40.5	41.0	39.0	32.8	39.3	39.8	37.8
I do not have just one main racial or ethnic identity/No single race best describes me	16.8	16.5	15.7	16.4	21.2	18.2	16.4	18.3
I identify as biracial or multiracial	4.9	8.3	20.5	10.8	9.5	15.3	24.3	17.4
Don't know/Refused to answer	19.5	21.0	13.5	18.3	36.5	27.2	19.4	26.6

*Denominator: Those who identify as more than one race or ethnicity.

Table 22. Which one do you think is your main racial or ethnic identity?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
American Indian or Alaska Native	4.2	6.2	2.8	4.5	5.8	5.3	4.7	5.2
Asian	4.7	4.9	6.9	5.5	9.4	9.4	7.4	8.6
Black or African American	5.2	7.2	7.0	6.5	8.2	7.7	7.9	7.9
Hispanic, Latino/a/x, or Spanish origin	12.1	16.4	19.7	16.2	17.4	17.5	15.6	16.7
Pacific Islander	1.4	2.3	2.7	2.1	2.2	4.7	1.8	2.9
Middle Eastern	0.5	0.4	0.8	0.6	2.3	1.8	1.2	1.6
North African	0.5	0.1	0.1	0.2	0.9	0.3	0.1	0.3
White	28.8	42.7	45.4	39.4	53.8	53.3	61.4	56.8

*Denominator: Those who identify with more than one race or ethnicity and have one they think of as their main racial or ethnic identity.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 23. What language or languages do you use at home? You can choose more than one.

	State 2022								State 2024							
	6th		8th		11th		Total		6th		8th		11th		Total	
	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n
English	91.3	14,917	92.4	14,817	94.1	11,902	92.6	41,636	92.5	21,089	93.3	20,044	94.5	15,945	93.5	57,078
Spanish	27.6	3,784	27.8	3,701	26.0	2,605	27.1	10,090	21.1	5,113	21.2	4,820	19.5	3,472	20.6	13,405
American Indian/Alaska Native tribal language	0.4	60	0.4	65	0.3	44	0.4	169	0.5	103	0.5	98	0.3	55	0.4	256
Cantonese	0.2	53	0.5	89	0.5	76	0.4	218	0.5	123	0.5	129	0.7	108	0.6	360
Mandarin	0.6	126	0.8	173	0.6	107	0.7	406	0.9	251	1.0	237	1.0	167	1.0	655
Vietnamese	0.9	153	1.0	176	1.0	143	1.0	472	0.9	226	1.1	222	1.7	246	1.2	694
Hawaiian	0.4	69	0.4	65	0.3	42	0.4	176	0.6	112	0.4	90	0.3	47	0.4	249
Samoan	0.2	24	0.2	38	0.3	36	0.2	98	0.2	44	0.3	72	0.2	40	0.2	156
Somali	0.1	24	0.2	38	0.3	34	0.2	96	0.2	53	0.3	70	0.2	40	0.3	163
Russian	1.7	232	1.7	232	1.3	143	1.5	607	1.3	310	1.4	311	1.1	192	1.3	813
ASL, PSE, tactile interpreting, etc.	0.3	52	0.8	142	1.5	163	0.9	357	0.6	138	0.9	200	1.1	162	0.9	500
Another language	9.4	1,588	8.1	1,336	6.3	809	7.9	3,733	9.3	2,236	7.9	1,753	6.1	1,004	7.7	4,993
Don't know/Refused to answer	2.2	305	1.6	244	1.1	132	1.6	681	1.7	414	1.2	261	1.0	157	1.3	832

*Totals may not sum to 100% as multiple responses are permitted.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 24. What is your gender identity? You can choose more than one.

	State 2022								State 2024							
	6th		8th		11th		Total		6th		8th		11th		Total	
	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n
Two Spirit	0.1	20	0.2	23	0.1	15	0.1	58	0.1	24	0.1	32	0.2	26	0.1	82
Girl/Woman	41.9	6,453	42.6	6,603	45.6	5,548	43.4	18,604	45.7	10,432	47.0	9,889	47.8	7,915	46.9	28,236
Boy/Man	47.1	7,336	47.1	7,414	46.0	5,767	46.7	20,517	47.6	10,879	47.0	10,319	45.3	7,681	46.6	28,879
Demigirl/Demiboy	1.4	200	1.6	262	1.2	172	1.4	634	1.1	253	1.4	294	1.1	183	1.2	730
Nonbinary	2.4	375	2.6	427	3.2	433	2.8	1,235	2.1	443	1.9	386	2.4	384	2.1	1,213
Gender fluid	1.1	206	2.3	345	2.2	291	1.9	842	1.3	281	1.7	346	1.8	299	1.6	926
Genderqueer**	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	0.2	51	0.6	119	1.1	163	0.6	333
Questioning**	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	0.8	178	1.4	261	1.5	203	1.2	642
Agender/No gender	0.7	93	0.8	133	0.8	118	0.8	344	0.4	95	0.7	130	0.8	153	0.7	378
Fa'afafine	0.0	3	0.1	8	0.1	7	0.0	18	0.0	2	0.1	20	0.1	15	0.1	37
Fa'atane	0.0	2	0.0	7	0.1	6	0.0	15	0.0	3	0.1	21	0.1	15	0.1	39
Leiti	0.0	2	0.0	7	0.1	7	0.0	16	0.0	5	0.1	17	0.1	14	0.1	36
Mahu kane	0.0	3	0.0	7	0.1	8	0.0	18	0.0	2	0.1	18	0.1	17	0.1	37
Mahu wahine	0.0	3	0.0	8	0.1	7	0.0	18	0.0	3	0.1	18	0.1	15	0.1	36
Takatapui	0.0	2	0.0	7	0.1	6	0.0	15	0.0	2	0.1	17	0.1	15	0.1	34
Something else fits better	2.7	418	3.0	482	1.7	220	2.5	1,120	2.7	601	3.3	701	2.0	343	2.7	1,645
Don't know/Refused to answer	5.6	748	4.0	599	3.0	388	4.2	1,735	2.2	484	1.7	371	2.2	354	2.0	1,209

*Totals may not sum to 100% as multiple responses are permitted.

**New option in 2024.

Demographics

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 25. Are you transgender?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes	2.2	3.4	3.9	3.2	2.1	3.2	4.3	3.2
No	83.0	89.6	91.0	88.0	90.3	93.1	92.1	91.8
Don't know/Refused to answer	5.9	3.6	2.5	3.9	7.6	3.8	3.6	5.0

Table 26. What is your sexual orientation? You can choose more than one.

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Straight	60.1	70.6	69.6	66.9	70.3	77.5	73.1	73.7
Lesbian**	n/a	n/a	n/a	n/a	2.5	2.4	2.8	2.6
Gay	3.5	3.2	4.1	3.6	1.1	1.7	2.1	1.6
Bisexual	8.9	8.6	11.6	9.7	7.0	7.3	10.5	8.3
Pansexual	3.5	4.4	4.7	4.2	2.9	3.2	3.8	3.3
Asexual or Aromantic	1.9	2.9	3.8	2.9	2.1	2.7	2.9	2.6
Queer	0.5	1.6	3.6	1.9	0.6	1.2	2.6	1.5
Questioning**	n/a	n/a	n/a	n/a	1.3	2.2	2.4	2.0
Something else fits better	3.5	4.3	2.6	3.5	2.7	3.3	2.1	2.7
Don't know/Refused to answer	22.8	10.4	7.6	13.5	15.6	7.0	6.1	9.4

*Totals may not sum to 100% as multiple responses are permitted.

**New option in 2024.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 27. Are you deaf or do you have serious difficulty hearing?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes	1.7	1.9	2.0	1.9	1.5	1.9	1.9	1.8
No	91.0	90.8	92.5	91.4	92.5	92.1	93.3	92.7
Don't know/Refused to answer	7.3	7.3	5.5	6.7	5.9	6.0	4.7	5.5

Table 28. Are you blind or do you have serious difficulty seeing, even when wearing glasses?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes	4.1	5.3	5.8	5.1	3.7	4.8	4.8	4.4
No	89.1	88.1	89.4	88.9	90.2	89.4	90.8	90.1
Don't know/Refused to answer	6.8	6.6	4.8	6.1	6.1	5.8	4.4	5.4

Table 29. Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering or making decisions?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes	n/a	25.1	31.0	28.1	n/a	23.2	27.6	25.5
No	n/a	54.6	52.2	53.4	n/a	56.5	55.5	56.0
Don't know/Refused to answer	n/a	20.3	16.8	18.5	n/a	20.3	16.9	18.5

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 30. Do you have serious difficulty walking or climbing stairs?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes	1.6	2.4	2.6	2.2	1.4	2.1	2.6	2.1
No	93.6	93.6	94.2	93.8	95.1	94.6	94.5	94.7
Don't know/Refused to answer	4.8	4.0	3.2	4.0	3.5	3.3	2.9	3.2

Table 31. Do you have difficulty dressing or bathing?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes	1.1	1.3	1.6	1.3	1.0	1.2	1.3	1.1
No	94.0	95.2	95.9	95.1	95.2	95.8	96.6	95.9
Don't know/Refused to answer	4.9	3.5	2.5	3.6	3.8	3.1	2.1	3.0

Table 32. Student disability

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Marked 'Yes' to 1 or more of 4 disability questions	8.2	n/a	n/a	8.2	7.4	n/a	n/a	7.4
Marked 'No' to all 4 disability questions	91.8	n/a	n/a	91.8	92.6	n/a	n/a	92.6
Marked 'Yes' to 1 or more of 5 disability questions	n/a	37.7	42.8	40.3	n/a	35.2	38.4	36.9
Marked 'No' to all 5 disability questions	n/a	62.3	57.2	59.7	n/a	64.8	61.6	63.1

*Results are not comparable between the 6th grade survey and the 8th/11th grade surveys as the 6th grade survey did not include the question "Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering or making decisions?"

POSITIVE YOUTH DEVELOPMENT, SCHOOL CLIMATE, ABSENTEEISM AND BULLYING

Table 33. I can do most things if I try.

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Very much true	25.8	27.2	29.2	27.4	34.9	35.2	35.8	35.3
Pretty much true	48.4	46.1	48.8	47.7	45.4	42.7	42.6	43.5
A little true	20.2	20.4	17.2	19.3	15.5	16.5	16.6	16.2
Not at all true	1.9	2.0	1.5	1.8	1.3	1.6	1.7	1.5
Don't know/Refused to answer	3.7	4.3	3.3	3.8	2.9	4.0	3.4	3.4

Table 34. I can work out my problems.

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Very much true	20.5	19.7	20.9	20.4	24.8	26.7	29.1	26.9
Pretty much true	39.9	38.4	42.8	40.4	41.0	40.1	42.9	41.4
A little true	26.8	28.2	27.2	27.4	24.8	23.3	21.2	23.0
Not at all true	5.5	6.5	3.8	5.3	4.3	3.9	2.7	3.6
Don't know/Refused to answer	7.2	7.2	5.3	6.6	5.1	6.0	4.1	5.0

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 35. There are people in my life who encourage me to do my best.

	State 2024			
	6th	8th	11th	Total
Very much true	67.1	56.3	54.0	59.0
Pretty much true	19.3	25.5	28.4	24.5
A little true	8.2	11.6	12.1	10.7
Not at all true	1.8	2.3	1.8	2.0
Don't know/Refused to answer	3.6	4.3	3.6	3.8

*New question in 2024.

Table 36. I believe that I can make a difference in my community.

	State 2024			
	6th	8th	11th	Total
Very much true	25.8	21.3	22.3	23.1
Pretty much true	28.5	24.4	25.3	26.0
A little true	23.3	26.4	28.4	26.1
Not at all true	9.8	14.0	12.5	12.1
Don't know/Refused to answer	12.6	14.0	11.3	12.6

*New question in 2024.

Table 37. There is at least one teacher or other adult in my school that really cares about me.

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Very much true	43.0	33.4	33.5	36.6	41.2	34.3	36.0	37.2
Pretty much true	20.6	23.9	26.5	23.7	36.9	40.2	42.7	40.0
A little true	9.6	13.6	16.0	13.1	3.8	6.2	5.3	5.1
Not at all true	4.3	7.1	7.0	6.2	2.6	3.1	2.0	2.5
Don't know/Refused to answer	22.5	21.9	17.1	20.5	15.5	16.2	13.9	15.2

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 38. I feel safe at my school.

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Strongly agree	29.5	14.9	11.5	18.5	28.6	17.7	15.7	20.5
Agree	45.1	49.6	54.1	49.6	47.5	48.9	54.1	50.3
Disagree	7.5	13.8	15.6	12.3	8.0	13.2	12.0	11.1
Strongly disagree	3.2	5.6	4.8	4.5	3.8	5.8	4.3	4.6
Don't know/Refused to answer	14.7	16.2	14.0	15.0	12.1	14.4	14.0	13.5

Table 39. It is easy to talk with teachers and other adults at this school.

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Strongly agree	25.8	16.8	14.6	19.0	27.4	19.6	19.3	22.0
Agree	41.0	42.7	49.6	44.4	43.8	44.7	51.6	46.8
Disagree	13.9	18.9	18.7	17.2	12.3	16.7	13.4	14.1
Strongly disagree	5.9	8.2	5.6	6.6	5.7	6.8	4.4	5.6
Don't know/Refused to answer	13.4	13.4	11.5	12.8	10.8	12.2	11.2	11.4

Table 40. I am happy to be at this school.

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Strongly agree	34.7	17.2	13.2	21.6	34.1	17.8	15.1	22.1
Agree	39.3	41.6	43.4	41.5	40.5	40.1	42.8	41.2
Disagree	8.1	15.2	17.5	13.6	8.3	14.9	15.7	13.1
Strongly disagree	4.3	10.1	10.3	8.3	6.1	11.6	10.1	9.3
Don't know/Refused to answer	13.6	15.8	15.6	15.1	10.9	15.5	16.3	14.3

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 41. In my classes I am often distracted from doing schoolwork because other students are misbehaving, for example, talking or fighting.

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Strongly agree	17.7	16.5	10.7	14.9	19.0	19.0	12.2	16.7
Agree	30.6	31.4	30.0	30.7	30.3	31.0	26.8	29.3
Disagree	27.8	31.8	41.0	33.5	28.6	29.1	39.4	32.5
Strongly disagree	8.5	7.6	8.1	8.1	9.0	7.2	9.1	8.5
Don't know/Refused to answer	15.5	12.8	10.2	12.8	13.1	13.7	12.4	13.0

Table 42. PYD (Positive Youth Development Benchmark)

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Meets PYD Benchmark	63.2	48.0	41.1	50.0	83.1	76.3	73.6	77.4
Does not meet PYD Benchmark	36.8	52.0	58.9	50.0	16.9	23.7	26.4	22.6

*Data is not comparable across years as an additional PYD question was asked in 2024. The PYD benchmark calculation excludes these responses from the denominator: "I am not sure", "I don't know what this question is asking", and "I prefer not to answer".

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 43. During the past 30 days, where did you usually sleep?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
In my parent's or guardian's home	84.2	91.9	94.4	90.2	88.0	93.2	95.4	92.3
In the home of a friend, family member, or other person because I had to leave my home, or my parent or guardian cannot afford housing	1.0	1.2	1.4	1.2	1.2	1.3	1.3	1.3
In a foster home	0.3	0.2	0.3	0.3	0.4	0.3	0.4	0.3
In a shelter or emergency housing	0.1	0.1	0.0	0.1	0.2	0.1	0.1	0.1
In a motel or hotel	0.2	0.1	0.1	0.1	0.2	0.1	0.1	0.1
In a car, park, campground, or other public place	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.1
I do not have a usual place to sleep	0.3	0.1	0.1	0.2	0.5	0.3	0.2	0.3
Somewhere else fits better	7.9	3.2	1.4	4.1	5.2	2.2	0.9	2.7
Don't know/Refused to answer	6.0	3.1	2.0	3.7	4.3	2.5	1.6	2.7

Table 44. Have you ever been placed in foster care or stayed in a group home?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes	3.6	4.1	4.5	4.0	3.6	3.7	4.1	3.8
No	85.9	90.4	92.3	89.6	84.6	89.7	91.9	88.8
Don't know/Refused to answer	10.5	5.5	3.3	6.4	11.8	6.6	4.1	7.3

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 45. I think this school welcomes and respects students...Of all races and ethnicities

	State 2024			
	6th	8th	11th	Total
Strongly agree	n/a	41.2	32.2	36.6
Agree	n/a	41.7	49.1	45.5
Disagree	n/a	5.6	7.1	6.4
Strongly disagree	n/a	2.2	2.5	2.3
Don't know/Refused to answer	n/a	9.2	9.1	9.1

*New question in 2024.

Table 46. I think this school welcomes and respects students...From all cultures

	State 2024			
	6th	8th	11th	Total
Strongly agree	n/a	41.4	31.8	36.5
Agree	n/a	43.1	50.3	46.8
Disagree	n/a	4.8	7.1	6.0
Strongly disagree	n/a	1.9	2.2	2.0
Don't know/Refused to answer	n/a	8.8	8.6	8.7

*New question in 2024.

Table 47. I think this school welcomes and respects students...From all religions

	State 2024			
	6th	8th	11th	Total
Strongly agree	n/a	39.8	29.5	34.5
Agree	n/a	42.8	49.2	46.1
Disagree	n/a	5.6	8.2	6.9
Strongly disagree	n/a	2.3	2.8	2.6
Don't know/Refused to answer	n/a	9.6	10.3	9.9

*New question in 2024.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 48. I think this school welcomes and respects students...Of all gender identities

	State 2024			
	6th	8th	11th	Total
Strongly agree	n/a	34.3	26.9	30.5
Agree	n/a	36.5	43.2	39.9
Disagree	n/a	11.2	13.0	12.1
Strongly disagree	n/a	5.6	5.1	5.3
Don't know/Refused to answer	n/a	12.3	12.0	12.1

*New question in 2024.

Table 49. I think this school welcomes and respects students...Of all sexual orientations

	State 2024			
	6th	8th	11th	Total
Strongly agree	n/a	33.9	27.1	30.4
Agree	n/a	36.5	43.8	40.3
Disagree	n/a	11.0	12.2	11.6
Strongly disagree	n/a	5.5	4.7	5.1
Don't know/Refused to answer	n/a	13.1	12.2	12.6

*New question in 2024.

Table 50. I think this school welcomes and respects students...Who have disabilities

	State 2024			
	6th	8th	11th	Total
Strongly agree	n/a	40.1	31.5	35.7
Agree	n/a	39.5	47.4	43.6
Disagree	n/a	7.2	8.6	7.9
Strongly disagree	n/a	3.6	3.1	3.4
Don't know/Refused to answer	n/a	9.5	9.3	9.4

*New question in 2024.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 51. What kind of grades do you usually get in school?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Mostly A's	46.8	44.8	43.5	45.0	47.5	47.4	46.8	47.2
Mostly B's	25.8	28.3	29.5	27.9	26.7	29.2	29.6	28.5
Mostly C's	7.3	11.7	13.8	11.0	8.5	11.1	13.3	11.0
Mostly D's	1.6	2.5	3.6	2.6	1.7	2.3	3.6	2.6
Mostly F's	1.6	2.5	2.5	2.2	1.3	2.1	1.1	1.5
None of these grades	2.2	1.2	0.3	1.2	2.3	1.0	0.2	1.1
Don't know/Refused to answer	14.7	9.1	6.7	10.2	12.1	6.8	5.3	8.0

Table 52. In the past 30 days, have you missed any days of school?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes	49.7	56.9	63.3	56.7	43.7	51.8	63.6	53.3
No	36.3	32.0	29.1	32.4	40.6	36.0	29.8	35.3
Don't know/Refused to answer	14.1	11.1	7.6	10.9	15.7	12.2	6.6	11.4

Table 53. During the past 30 days, have you been bullied by another student using any kind of technology, such as texting, the Internet or apps (messaging, social media, games, livestreaming, etc.)?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes	9.6	10.2	6.7	8.9	8.7	8.1	5.2	7.3
No	78.9	79.9	86.3	81.7	80.8	83.8	89.0	84.7
Don't know/Refused to answer	11.5	9.9	7.0	9.4	10.4	8.1	5.8	8.1

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 54. During the past 30 days, have you ever been bullied AT SCHOOL (including any school events)? This includes in-person bullying and bullying through technology such as texting, the Internet or apps (messaging, social media, games, livestreaming).

	State 2024			
	6th	8th	11th	Total
Yes	16.7	14.8	7.5	12.8
No	71.2	75.5	86.6	78.0
Don't know/Refused to answer	12.1	9.7	6.0	9.2

*New question in 2024.

Table 55. During the past 30 days, how often have you felt worried or stressed?

	State 2024			
	6th	8th	11th	Total
Not at all	30.4	23.9	13.5	22.4
Several days	34.3	36.5	39.9	36.9
More than half the days	9.0	11.4	14.8	11.8
Nearly every day	14.8	18.1	25.1	19.5
Don't know/Refused to answer	11.6	10.2	6.7	9.4

*New question in 2024.

Table 56. During the past year, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes	23.7	29.8	38.4	30.6	22.4	27.3	31.9	27.3
No	55.6	52.7	46.8	51.7	59.3	57.0	53.9	56.7
Don't know/Refused to answer	20.7	17.6	14.8	17.7	18.2	15.8	14.2	16.0

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

MENTAL HEALTH

Table 57. During the past year, did you do something to purposely hurt yourself without wanting to die, such as cutting or burning yourself on purpose?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes	12.3	16.3	16.9	15.2	10.5	13.1	12.4	12.0
No	73.5	69.9	71.3	71.5	76.4	74.9	78.0	76.5
Don't know/Refused to answer	14.2	13.9	11.8	13.3	13.1	11.9	9.5	11.5

*Question wording changed from 2022.

Table 58. During the past year, did you ever consider attempting suicide?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes	7.2	11.6	14.6	11.2	9.7	12.7	13.8	12.1
No	76.3	72.6	70.9	73.3	75.9	73.8	75.2	74.9
Don't know/Refused to answer	16.5	15.8	14.4	15.6	14.5	13.5	11.0	12.9

*Question wording changed from 2022.

Table 59. During the past year, did you attempt suicide?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes	3.0	5.0	5.0	4.4	2.5	4.1	3.4	3.3
No	95.6	93.4	93.3	94.1	87.5	87.1	90.4	88.4
Don't know/Refused to answer	1.4	1.6	1.7	1.5	10.0	8.8	6.2	8.3

*Question wording changed from 2022.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 60. There is a teacher or some other adult in my school I feel safe going to if I need help.

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes	n/a	n/a	43.5	43.5	72.0	64.8	68.9	68.5
No	n/a	n/a	33.8	33.8	11.1	16.3	12.9	13.4
Don't know/Refused to answer	n/a	n/a	22.8	22.8	16.9	19.0	18.2	18.1

* Question wording changed from 2022 and question was added to all surveys.

Table 61. How likely are you to go to this teacher or other adult in school if you need help?

	State 2024			
	6th	8th	11th	Total
Very likely	33.4	27.4	26.9	29.2
Somewhat likely	48.5	49.5	46.5	48.1
Somewhat unlikely	7.9	12.2	15.0	11.7
Not at all likely	5.1	6.5	7.8	6.5
Don't know/Refused to answer	5.1	4.5	3.9	4.5

*New question in 2024, this question was only asked of people who responded "Yes" to "There is a teacher or some other adult in my school I feel safe going to if I need help.".

Table 62. Outside of school hours, there is a safe place or person I can go to if I need help.

	State 2024			
	6th	8th	11th	Total
Yes	87.0	84.6	85.0	85.5
No	4.0	5.0	4.7	4.5
Don't know/Refused to answer	9.0	10.4	10.3	9.9

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 63. How likely are you to go to this safe place or person outside of school if you need help?

	State 2024			
	6th	8th	11th	Total
Very likely	65.0	57.6	54.0	58.8
Somewhat likely	23.0	29.3	32.5	28.3
Somewhat unlikely	4.0	5.9	6.7	5.6
Not at all likely	3.0	3.2	3.5	3.3
Don't know/Refused to answer	5.0	4.0	3.3	4.1

*New question in 2024, this question was only asked of people who responded "Yes" to "Outside of school hours, there is a safe place or person I can go to if I need help."

Table 64. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increased your heart rate and made you breathe hard some of the time.)

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
0 days	5.7	6.1	10.2	7.3	4.4	5.1	9.2	6.3
1 day	3.4	3.5	4.8	3.9	3.1	2.7	4.7	3.5
2 days	5.1	5.4	7.2	5.9	4.4	4.4	7.2	5.4
3 days	7.1	7.8	11.4	8.7	6.4	7.6	10.8	8.3
4 days	8.0	9.2	10.8	9.3	7.7	9.5	11.1	9.4
5 days	10.9	14.9	14.5	13.5	12.1	15.9	14.9	14.3
6 days	6.2	7.9	8.9	7.7	8.1	8.6	8.6	8.5
7 days	21.4	24.0	18.0	21.2	28.1	27.3	18.3	24.5
Don't know/Refused to answer	32.2	21.1	14.2	22.5	25.7	18.8	15.2	19.8

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 65. In the past 30 days, how often were you hungry because there was not enough food at home?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Never or almost never	63.3	70.0	72.2	68.5	76.8	79.4	79.7	78.7
About once a week	10.6	8.9	9.9	9.8	7.7	7.5	7.5	7.6
2 to 3 times a week	5.2	5.2	5.2	5.2	3.4	2.8	3.3	3.2
Almost every day	5.3	3.2	2.7	3.7	2.6	1.9	1.4	1.9
Don't know/Refused to answer	15.6	12.8	10.0	12.8	9.6	8.4	8.1	8.7

Table 66. During the past 7 days, how many times did you eat fruit? (Do not count fruit juice.)

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
I did not eat fruit during the past 7 days	6.9	7.0	9.3	7.7	5.3	5.6	6.2	5.7
1 to 3 times during the past 7 days	22.8	28.7	34.9	28.8	18.6	22.1	28.9	23.3
4 to 6 times during the past 7 days	21.7	22.5	23.1	22.4	21.2	23.5	24.2	23.0
1 time per day	10.1	10.8	10.5	10.5	10.6	11.2	11.4	11.1
2 times per day	11.3	11.0	8.0	10.1	12.8	13.0	11.0	12.3
3 times per day	6.0	4.8	2.9	4.6	8.5	6.6	4.6	6.6
4 or more times per day	6.8	4.3	2.5	4.5	8.8	6.2	3.4	6.1
Don't know/Refused to answer	14.4	10.8	8.8	11.3	14.2	11.8	10.3	12.1

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 67. During the past 7 days, how many times did you eat vegetables?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
I did not eat vegetables during the past 7 days	8.7	8.1	7.8	8.2	7.3	6.4	5.4	6.3
1 to 3 times during the past 7 days	18.9	23.3	27.8	23.3	18.5	20.9	23.8	21.1
4 to 6 times during the past 7 days	21.4	23.1	25.8	23.4	21.1	22.4	26.5	23.4
1 time per day	11.0	12.5	14.0	12.5	12.4	13.9	14.5	13.6
2 times per day	10.5	11.3	9.1	10.3	12.4	12.7	11.5	12.2
3 times per day	5.7	5.0	3.6	4.8	7.0	6.2	4.8	6.0
4 or more times per day	7.5	5.0	3.0	5.1	7.6	5.4	3.5	5.4
Don't know/Refused to answer	16.3	11.8	8.8	12.3	13.8	12.2	10.0	12.0

Table 68. Five-a-day Consumption of Fruits and Vegetables

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Zero servings per day	1.9	2.2	2.5	2.2	2.5	2.9	2.6	2.7
Less than one serving per day	14.5	18.9	24.7	19.7	15.3	16.5	21.1	17.7
One to less than three servings per day	44.9	47.0	51.0	47.8	43.9	48.7	51.8	48.3
Three to less than five servings per day	19.0	17.4	14.1	16.7	19.7	17.9	15.5	17.6
Five or more servings per day	19.6	14.5	7.7	13.5	18.5	14.0	9.0	13.7

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 69. During the past 7 days how many times did you drink soda or pop, such as Coke, Pepsi, or Sprite? (Do not include diet soda or diet pop)

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
0 times in past 7 days	32.7	29.2	30.8	30.9	34.4	30.1	29.8	31.4
1 to 3 times in past 7 days	35.6	41.1	41.0	39.3	39.0	42.4	42.6	41.3
4 to 6 times in past 7 days	6.4	9.6	11.2	9.1	6.2	8.1	9.8	8.1
1 time per day	6.8	6.0	6.0	6.3	6.5	6.0	5.6	6.0
2 times per day	3.3	2.8	2.1	2.7	2.5	2.7	2.3	2.5
3 times per day	1.1	0.9	1.0	1.0	0.7	0.7	0.9	0.8
4 or more times per day	1.6	1.3	1.2	1.4	1.3	1.4	1.4	1.4
Don't know/Refused to answer	12.5	9.2	6.7	9.4	9.5	8.6	7.6	8.5

ACCESS TO CARE

Table 70. During the past year, did you have any physical health care needs that were not met? (Count any situation where you thought you should see a doctor, nurse, or other health professional.)

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes	n/a	6.4	10.1	8.2	n/a	9.5	11.8	10.6
No	n/a	67.5	72.6	70.0	n/a	70.3	73.1	71.7
Don't know/Refused to answer	n/a	26.1	17.3	21.8	n/a	20.2	15.1	17.6

Table 71. During the past year, did you have any emotional or mental health care needs that were not met? (Count any situation where you thought you should see a counselor, social worker, or other mental health professional.)

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes	n/a	16.1	22.9	19.5	n/a	15.7	19.8	17.8
No	n/a	59.0	58.2	58.6	n/a	63.9	64.0	63.9
Don't know/Refused to answer	n/a	24.9	18.8	21.9	n/a	20.4	16.2	18.3

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 72. What things in your life help with your emotional and mental health? You can choose more than one.

	State 2024			
	6th	8th	11th	Total
Friends	n/a	77.2	80.2	78.7
Family	n/a	68.5	68.6	68.5
A boyfriend, girlfriend or partner	n/a	21.3	33.8	27.6
Talking to a counselor, therapist or other mental health professional	n/a	12.6	17.2	15.0
After school programs or activities (clubs, sports, etc.)	n/a	25.1	29.8	27.5
Exercising	n/a	34.4	42.8	38.7
Religion/Faith (praying, attending church, gatherings	n/a	21.9	22.9	22.4
Journaling	n/a	10.4	14.4	12.4
Spending time outdoors/in nature	n/a	29.5	37.6	33.6
Pets/animals	n/a	49.9	51.3	50.6
Something else fits better	n/a	17.9	12.7	15.3
Don't know/Refused to answer	n/a	5.5	4.6	5.1

*New question in 2024.

Table 73. When did you last go to a doctor or nurse practitioner for a check-up when you were not sick or injured?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
During the past year	49.5	57.8	59.1	55.5	57.4	61.5	61.7	60.3
Between 1 and 2 years ago	11.8	12.7	15.5	13.3	10.6	11.2	13.5	11.8
More than 2 years ago	4.3	3.7	7.0	5.0	3.4	3.2	5.3	4.0
Never	3.7	3.2	3.6	3.5	3.4	3.2	3.1	3.2
Don't know/Refused to answer	30.7	22.6	14.9	22.7	25.1	20.9	16.3	20.7

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 74. When did you last go to a dentist or dental hygienist for a check-up, exam, teeth cleaning, or other dental work?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
During the past year	59.4	66.9	69.2	65.2	67.3	72.1	72.3	70.6
Between 1 and 2 years ago	11.0	10.2	13.3	11.5	9.5	8.1	10.6	9.4
More than 2 years ago	4.2	5.0	6.3	5.1	3.1	3.2	5.2	3.8
Never	1.4	1.2	1.1	1.2	1.0	1.0	1.1	1.0
Don't know/Refused to answer	24.0	16.7	10.1	16.9	19.2	15.7	10.8	15.2

Table 75. Have you ever had a cavity? You can choose more than one.

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
During the past year	17.6	17.2	21.6	18.7	16.0	16.3	19.7	17.3
Between 1 and 2 years ago	17.6	15.2	14.3	15.7	19.0	14.5	14.5	16.0
More than 2 years ago	23.2	29.2	31.6	28.0	23.4	27.2	29.8	26.9
I have never had a cavity	29.8	28.6	26.9	28.4	31.4	31.0	27.7	30.0
Don't know/Refused to answer	18.1	14.5	10.9	14.5	15.5	15.0	13.4	14.6

*Totals may not sum to 100% as multiple responses are permitted.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 76. During the past year, did you miss one or more hours of school due to any of the following reasons? You can choose more than one.

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
I had a toothache or painful tooth	n/a	n/a	2.9	2.9	n/a	n/a	3.6	3.6
My mouth was hurting	n/a	n/a	2.4	2.4	n/a	n/a	2.9	2.9
I had to go to the dentist because of tooth or mouth pain (Do not include regular check-up visits)	n/a	n/a	4.8	4.8	n/a	n/a	4.8	4.8
I had to go to the hospital emergency room because of tooth or mouth pain	n/a	n/a	0.6	0.6	n/a	n/a	0.6	0.6
I had a mouth injury from playing a sport	n/a	n/a	0.8	0.8	n/a	n/a	1.1	1.1
I did not miss school for any of these reasons	n/a	n/a	77.7	77.7	n/a	n/a	73.8	73.8
Don't know/Refused to answer	n/a	n/a	13.9	13.9	n/a	n/a	16.9	16.9

*Totals may not sum to 100% as multiple responses are permitted.

SEXUAL HEALTH, DATING VIOLENCE AND SEXUAL VIOLENCE

Table 77. During the last school year, were you taught in school about how to use a condom to prevent pregnancy or sexually transmitted infections, including HIV?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes	n/a	52.6	56.9	56.1	n/a	50.5	61.3	56.0
No	n/a	39.4	36.7	37.2	n/a	35.8	29.9	32.8
Don't know/Refused to answer	n/a	8.0	6.4	6.7	n/a	13.7	8.7	11.2

*Due to an error in the online questionnaire in 2022, this question was only asked of people who responded "Yes" to ever having sex. Interpret with caution.

Table 78. During the last school year, were you taught in school about how to use birth control methods or where to get birth control?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes	n/a	30.4	49.6	39.8	n/a	37.1	57.4	47.5
No	n/a	49.4	39.0	44.3	n/a	45.0	32.6	38.7
Don't know/Refused to answer	n/a	20.3	11.4	15.9	n/a	17.9	9.9	13.8

Table 79. During the last school year, were you taught in school about healthy and respectful relationships?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes	54.8	70.6	66.6	64.1	64.8	75.4	73.9	71.4
No	15.6	15.2	23.0	17.9	12.5	13.3	18.4	14.8
Don't know/Refused to answer	29.6	14.2	10.4	18.0	22.7	11.3	7.7	13.8

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 80. Thinking about the education you received during the last school year about healthy and respectful relationships, were LGBTQ2SIA+ (lesbian, gay, bisexual, transgender, queer, two-spirit, intersex, asexual, etc.) identities included in any of your classroom instruction?

	State 2024			
	6th	8th	11th	Total
Yes, LGBTQSIA+ identities were included in education on healthy relationships	n/a	n/a	31.5	31.5
No, LGBTQSIA+ identities were not included in education on healthy relationships	n/a	n/a	17.1	17.1
I'm not sure if they were included in education on healthy relationships	n/a	n/a	24.9	24.9
I am not sure if I received any education on healthy relationships	n/a	n/a	6.2	6.2
I did not receive any education on healthy relationships	n/a	n/a	20.4	20.4

Table 81. Have you ever had sex or engaged in sexual behavior with another person?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes	n/a	6.5	30.7	18.4	n/a	5.0	27.1	16.2
No	n/a	82.0	56.1	69.3	n/a	86.5	60.2	73.1
Don't know/Refused to answer	n/a	11.5	13.1	12.3	n/a	8.5	12.8	10.7

*Question wording changed from 2022.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 82. How old were you the first time you had sex or engaged in sexual behavior with another person?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
11 years old or younger	n/a	32.9	6.2	10.8	n/a	24.1	3.7	6.7
12 years old	n/a	16.8	3.6	5.9	n/a	18.4	2.4	4.8
13 years old	n/a	40.0	8.2	13.7	n/a	39.8	6.4	11.3
14 years old	n/a	0.0	13.0	10.7	n/a	9.1	16.0	15.0
15 years old	n/a	0.0	31.7	26.2	n/a	0.1	33.3	28.4
16 years old	n/a	0.0	31.2	25.8	n/a	0.0	30.6	26.1
17 years old or older	n/a	0.3	0.0	0.1	n/a	0.0	2.6	2.2
Don't know/Refused to answer	n/a	10.1	6.1	6.8	n/a	8.5	4.9	5.4

*Question wording changed from 2022; 2024 denominator includes only those who responded "Yes" to having ever had sex or engaged in sexual behavior with another person.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 83. The last time you had sex or engaged in sexual behavior, what method(s) did you or your partner use to prevent pregnancy or sexually transmitted infections? You can choose more than one.

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
I have never engaged in sexual behavior or had sexual contact that could lead to pregnancy or a sexually transmitted infection	n/a	37.2	15.0	18.9	n/a	27.3	14.6	16.5
Condom or other barrier method	n/a	26.2	50.3	46.0	n/a	25.1	47.6	44.3
Birth control pills	n/a	7.2	22.6	19.9	n/a	9.0	21.9	20.0
Contraceptive implant (Implanon or Nexplanon)	n/a	0.9	7.1	6.0	n/a	1.0	7.5	6.6
Contraceptive patch	n/a	0.2	0.8	0.7	n/a	1.0	1.7	1.6
Contraceptive ring	n/a	0.3	0.6	0.5	n/a	0.8	0.6	0.6
Depo-Provera (injectable birth control)	n/a	0.6	3.0	2.6	n/a	1.1	2.2	2.0
Emergency contraception (Plan B/morning after pill)	n/a	0.8	2.6	2.3	n/a	1.6	3.3	3.0
IUD (intrauterine device such as Mirena or Paragard)	n/a	0.6	3.6	3.1	n/a	0.7	5.9	5.2
Withdrawal/Pull out	n/a	4.0	8.1	7.4	n/a	12.7	18.0	17.2
Some other method	n/a	1.7	2.2	2.1	n/a	4.2	2.0	2.3
No method was used to prevent pregnancy or sexually transmitted infections	n/a	11.4	8.7	9.1	n/a	13.1	7.6	8.4
Don't know/Refused to answer	n/a	18.1	9.7	11.2	n/a	19.5	9.0	10.5

*Question wording changed from 2022; 2024 denominator includes only those who responded "Yes" to having ever had sex or engaged in sexual behavior with another person.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 84. The last time you had sex, what method did you or your partner use to prevent pregnancy?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
High effectiveness	n/a	2.9	13.3	12.0	n/a	2.2	17.1	15.3
Mid effectiveness	n/a	15.8	31.0	29.1	n/a	16.2	30.6	28.9
Low effectiveness	n/a	43.6	37.5	38.3	n/a	43.1	38.8	39.3
Some effectiveness	n/a	2.6	1.1	1.3	n/a	6.1	1.8	2.3
No methods or not sure	n/a	33.4	13.6	16.1	n/a	31.4	11.4	13.7
Emergency birth control	n/a	1.7	3.4	3.2	n/a	1.0	0.4	0.5

*Denominator: Those who had sex or engaged in sexual behavior.

Table 85. During the past year, did someone you were dating, hooking up, hanging out or going out with ever physically hurt you? For example, slapped or shoved you, threw something at you or physically prevented you from doing something, such as leaving?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes	4.7	5.7	6.7	5.7	n/a	4.7	4.9	4.8
No	83.6	86.7	87.4	85.9	n/a	88.8	89.2	89.0
Don't know/Refused to answer	11.7	7.6	5.9	8.4	n/a	6.5	5.9	6.2

Table 86. During the past year, did someone you were dating, hooking up, hanging out or going out with ever purposely try to control you, manipulate you or hurt you mentally or emotionally? For example, told you who you could and could not spend time with or what you could or could not wear, humiliated or insulted you in front of others, or tried to control you via social media?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes	n/a	n/a	18.9	18.9	n/a	n/a	13.2	13.2
No	n/a	n/a	72.7	72.7	n/a	n/a	78.7	78.7
Don't know/Refused to answer	n/a	n/a	8.5	8.5	n/a	n/a	8.0	8.0

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 87. Has someone you were dating, hooking up, hanging out or going out with ever used your phone, social media or other technology to control or monitor you or shame or embarrass you with something you shared privately?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes	n/a	n/a	10.1	10.1	n/a	n/a	7.1	7.1
No	n/a	n/a	82.7	82.7	n/a	n/a	86.5	86.5
Don't know/Refused to answer	n/a	n/a	7.2	7.2	n/a	n/a	6.4	6.4

Table 88. Have you ever been pressured or forced to engage in sexual behavior when you did not want to?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes	n/a	n/a	13.5	13.5	n/a	n/a	12.0	12.0
No	n/a	n/a	78.2	78.2	n/a	n/a	79.9	79.9
Don't know/Refused to answer	n/a	n/a	8.2	8.2	n/a	n/a	8.1	8.1

Table 89. Has anyone ever touched or grabbed you or made unwanted sexual comments about your body without your permission?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes	12.1	19.9	26.5	19.5	n/a	17.3	23.7	20.6
No	74.0	68.6	64.9	69.1	n/a	73.2	67.2	70.1
Don't know/Refused to answer	14.0	11.5	8.6	11.4	n/a	9.5	9.1	9.3

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 90. Have you ever witnessed someone at school being physically, emotionally or sexually harmed?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes	17.5	23.1	20.9	20.6	n/a	22.0	18.9	20.4
No	63.3	59.6	63.6	62.1	n/a	63.5	67.4	65.5
Don't know/Refused to answer	19.2	17.2	15.5	17.3	n/a	14.5	13.7	14.1

Table 91. Has an adult ever physically hurt you? For example, slapped or shoved you, threw something at you or physically prevented you from leaving when you felt unsafe?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes	10.5	15.4	19.3	15.1	n/a	11.8	14.3	13.1
No	74.4	71.3	70.2	72.0	n/a	77.1	76.3	76.7
Don't know/Refused to answer	15.1	13.3	10.5	13.0	n/a	11.1	9.3	10.2

SUBSTANCE USE, DRUG- FREE COMMUNITIES (DFC), AND PROBLEM GAMBLING

Table 92. Have you ever had a drink of alcohol other than a few sips?

	State 2024			
	6th	8th	11th	Total
Yes	8.6	16.7	33.9	20.3
No	91.4	83.3	66.1	79.7

*New question in 2024.

Table 93. How old were you when you had your first drink of alcohol other than a few sips?

	State 2024			
	6th	8th	11th	Total
I have never had a drink of alcohol other than a few sips	n/a	84.6	67.7	75.7
12-14 years old	n/a	15.4	14.3	14.8
15-17 years old	n/a	0.0	18.0	9.5

Table 94. During the past 30 days, did you have at least one drink of alcohol?

	State 2024			
	6th	8th	11th	Total
Yes	1.6	4.8	13.2	6.7
No	98.4	95.2	86.8	93.3

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 95. During the past 30 days, did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

	State 2024			
	6th	8th	11th	Total
Yes	n/a	1.6	5.7	3.7
No	n/a	98.4	94.3	96.3

Table 96. Have you ever used marijuana in any form?

	State 2024			
	6th	8th	11th	Total
Yes	1.6	6.4	22.1	10.5
I have never used marijuana in any form	98.4	93.6	77.9	89.5

*New question in 2024.

Table 97. How old were you when you tried marijuana for the first time?

	State 2024			
	6th	8th	11th	Total
I have never used marijuana in any form	n/a	94.1	78.7	86.1
12-14 years old	n/a	5.9	11.0	8.5
15-17 years old	n/a	0.0	10.3	5.3

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 98. During the past 30 days, did you use marijuana?

	State 2024			
	6th	8th	11th	Total
Yes	0.4	2.3	9.6	4.3
No	99.6	97.7	90.4	95.7

Table 99. During the past 30 days, how did you use marijuana?

	State 2024			
	6th	8th	11th	Total
Smoked it (in a joint, bong, pipe, blunt)	n/a	76.2	74.1	74.5
Ate it (in brownies, cakes, cookies, candy)	n/a	38.5	32.1	33.3
Drank it (tea, cola, alcohol)	n/a	16.6	8.6	10.0
Dabbed it	n/a	30.4	21.6	23.2
Vaporized it (e.g., vapor pen)	n/a	66.7	67.1	67.1
Used in some other way	n/a	10.9	3.7	5.0
Don't know/Refused to answer	n/a	3.8	2.5	2.7

*Denominator is all respondents who responded "yes" to having used marijuana in the past 30 days. Totals may not sum to 100% as multiple responses are permitted.

Table 100. Have you ever used prescriptions opioid drugs such as Oxycontin, Percocet, Vicodin or Codeine without a doctor's orders or differently than how a doctor told you to use it?

	State 2024			
	6th	8th	11th	Total
Yes	1.0	1.4	1.9	1.4
No	81.5	89.8	93.2	88.3
Don't know/Refused to answer	17.6	8.8	4.9	10.2

*New question in 2024.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 101. During the past 30 days, did you use prescription opioid drugs such as Oxycontin, Percocet, Vicodin, or Codeine without a doctor's orders or differently than how a doctor told you to use it?

	State 2024			
	6th	8th	11th	Total
Yes	0.3	0.5	0.5	0.5
No	99.7	99.5	99.5	99.5

Table 102. Have you ever used any drugs such as cocaine, ecstasy, LSD, shrooms (mushrooms that make you high), heroin, fentanyl or meth?

	State 2024			
	6th	8th	11th	Total
Yes	n/a	1.1	3.7	2.5
No	n/a	95.2	92.8	93.9
Don't know/Refused to answer	n/a	3.7	3.5	3.6

*New question in 2024.

Table 103. During the past 30 days, have you used any drugs such as cocaine, ecstasy, LSD, shrooms, heroin, fentanyl or meth?

	State 2024			
	6th	8th	11th	Total
Yes	n/a	0.5	0.9	0.7
No	n/a	99.5	99.1	99.3

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 104. Have you ever used vape, cigarettes or chewing tobacco products? (6th grade)

	State 2024			
	6th	8th	11th	Total
Yes	3.1	n/a	n/a	3.1
No	96.9	n/a	n/a	96.9

*New question in 2024.

Table 105. During the past 30 days, which products have you used? You can choose more than one. (6th grade)

	State 2024			
	6th	8th	11th	Total
Cigarettes	0.3	n/a	n/a	0.3
Vaping product or other e-cigarettes	1.3	n/a	n/a	1.3
Chewing tobacco	0.1	n/a	n/a	0.1

Table 106. Have you ever used any vape, e-cigarettes or other tobacco products such cigarettes, chewing tobacco, cigarillos, or hookah? (8th and 11th grades)

	State 2024			
	6th	8th	11th	Total
Yes	n/a	8.8	17.6	13.4
No	n/a	91.2	82.4	86.6

*New question in 2024.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 107. During the past 30 days, which products have you used? You can choose more than one. (8th and 11th grades)

	State 2024			
	6th	8th	11th	Total
Cigarettes	n/a	1.0	2.8	1.9
Vaping product or other e-cigarettes	n/a	4.1	8.9	6.6
Chewing tobacco, such as Skoal or Copenhagen	n/a	0.3	0.7	0.5
Cigarillos or little cigars, such as Swisher Sweets	n/a	0.3	0.6	0.5
Hookah or waterpipe	n/a	0.3	0.4	0.4

*Totals may not sum to 100% as multiple responses are permitted.

Table 108. Tobacco and cigarette use in the past 30 days.

	State 2024			
	6th	8th	11th	Total
Yes, used tobacco.	1.4	4.4	9.7	5.3
No, didn't use tobacco.	98.6	95.6	90.3	94.7
Yes, used cigarettes	0.3	1.0	2.7	1.4
No, didn't use cigarettes.	99.7	99.0	97.3	98.6

*Denominator for all years excludes those who responded, "I am not sure", "I don't know what this question is asking", and "I prefer not to answer".

Table 109. In the past month, have you seen advertising promoting tobacco or a vaping products at a store, on billboards, or online?

	State 2024			
	6th	8th	11th	Total
Yes	n/a	n/a	60.8	60.8
No	n/a	n/a	39.2	39.2

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 110. In the past month, have you smoked menthol cigarettes?

	State 2024			
	6th	8th	11th	Total
Yes	n/a	n/a	48.8	48.8
No	n/a	n/a	51.2	51.2

*Denominator is respondents who responded "Yes" to having used cigarettes in the past 30 days.

Table 111. The very first time you used any tobacco or vaping product, which type of product did you use?

	State 2024			
	6th	8th	11th	Total
Cigarette	n/a	n/a	21.6	21.6
Chewing tobacco	n/a	n/a	2.5	2.5
Cigarillo or small cigar	n/a	n/a	1.2	1.2
Hookah	n/a	n/a	1.5	1.5
E-cigarette or other vaping product	n/a	n/a	72.0	72.0
Another type of product	n/a	n/a	1.2	1.2

*Denominator is respondents who responded "Yes" to having used tobacco or vaping products in the past 30 days.

Table 112. In the past month, have you used any flavored tobacco or vaping product such as mint, fruit, coffee, candy, or other flavors? Exclude marijuana.

	State 2024			
	6th	8th	11th	Total
Yes	n/a	n/a	78.4	75.9
No	n/a	n/a	21.6	24.1

*Denominator is respondents who responded "Yes" to having used tobacco or vaping products in the past 30 days.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 113. In the past month, where did you get your tobacco or vaping products? You can choose more than one.

	State 2024			
	6th	8th	11th	Total
A store or gas station	n/a	6.1	11.4	9.9
Friends or family members 21 or older	n/a	18.3	21.0	20.2
Friends or family members under 21	n/a	35.6	29.9	31.6
The Internet	n/a	5.8	4.5	4.9
Some other source	n/a	12.0	16.5	15.2
Don't know/Refused to answer	n/a	38.4	36.6	37.1

*Denominator is respondents who responded "Yes" to having used tobacco or vaping products in the past 30 days. Totals may not sum to 100% as multiple responses are permitted.

Table 114. How much do you think people risk harming themselves (physically or in other ways) if they: Have five or more drinks of an alcoholic beverage once or twice a week?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
No Risk	17.6	13.1	7.0	12.6	18.0	11.5	7.7	12.2
Slight Risk	13.8	17.8	17.7	16.4	13.4	13.0	14.3	13.6
Moderate Risk	24.8	31.3	34.2	30.1	25.3	28.7	32.3	28.9
Great Risk	21.4	22.3	30.2	24.6	24.1	29.5	33.7	29.2
Don't know/Refused to answer	22.4	15.5	11.0	16.3	19.3	17.3	12.0	16.1

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 115. How much do you think people risk harming themselves (physically or in other ways) if they: Smoke one or more packs of cigarettes per day?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
No Risk	16.6	10.8	6.9	11.4	17.8	10.5	6.8	11.6
Slight Risk	4.9	6.3	7.1	6.1	5.0	5.8	6.1	5.7
Moderate Risk	14.2	16.4	15.6	15.4	12.5	14.9	14.6	14.0
Great Risk	45.9	53.1	60.9	53.3	48.5	53.3	61.7	54.7
Don't know/Refused to answer	18.4	13.4	9.5	13.8	16.2	15.5	10.8	14.0

Table 116. How much do you think people risk harming themselves (physically or in other ways) if they: Use e-cigarettes or other vaping products, such as Juul?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
No Risk	16.5	11.0	7.1	11.5	17.2	10.6	6.5	11.3
Slight Risk	8.4	12.5	13.9	11.6	7.6	9.5	11.1	9.5
Moderate Risk	21.5	29.4	33.5	28.2	20.6	26.2	30.8	26.0
Great Risk	29.9	31.7	35.3	32.3	34.0	37.1	39.9	37.1
Don't know/Refused to answer	23.7	15.4	10.1	16.4	20.5	16.6	11.7	16.1

Table 117. How much do you think people risk harming themselves (physically or in other ways) if they: Use marijuana regularly (once or twice a week)?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
No Risk	18.4	15.4	17.4	17.1	18.8	13.7	13.9	15.4
Slight Risk	9.1	16.4	27.8	17.8	8.4	13.5	25.2	16.0
Moderate Risk	18.7	24.7	25.1	22.8	18.6	23.0	25.7	22.6
Great Risk	29.9	27.6	19.6	25.7	32.9	33.1	23.6	29.7
Don't know/Refused to answer	23.9	15.9	10.1	16.6	21.3	16.7	11.6	16.4

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 118. How much do you think people risk harming themselves (physically or in other ways) if they: Use prescription drugs that are not prescribed to them?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
No Risk	16.6	10.8	5.2	10.8	18.0	10.4	5.5	11.1
Slight Risk	3.3	4.0	4.4	3.9	2.8	3.5	3.7	3.3
Moderate Risk	11.3	15.1	15.6	14.0	10.5	13.1	13.7	12.5
Great Risk	46.7	54.8	64.7	55.4	50.0	56.9	65.9	57.9
Don't know/Refused to answer	22.0	15.2	10.1	15.7	18.7	16.2	11.2	15.2

Table 119. How wrong do your parents feel it would be for you to: Have one or two drinks of an alcoholic beverage nearly every day?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Very wrong	65.2	68.6	68.5	67.4	71.9	71.1	67.9	70.2
Wrong	11.0	13.4	16.3	13.6	10.1	12.0	16.6	13.0
A little bit wrong	4.0	4.2	4.8	4.3	3.0	3.2	4.3	3.5
Not wrong at all	4.4	2.9	2.6	3.3	3.6	2.7	2.2	2.8
Don't know/Refused to answer	15.3	11.0	7.7	11.3	11.4	11.0	9.0	10.4

Table 120. How wrong do your parents feel it would be for you to: Smoke cigarettes?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Very wrong	70.9	76.2	78.4	75.2	77.1	75.8	74.6	75.8
Wrong	9.0	9.8	11.1	9.9	7.9	9.9	13.2	10.4
A little bit wrong	1.8	2.0	2.3	2.1	1.4	1.8	2.4	1.9
Not wrong at all	4.1	2.1	1.5	2.5	3.2	2.1	1.5	2.2
Don't know/Refused to answer	14.1	10.0	6.8	10.3	10.4	10.4	8.3	9.7

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 121. How wrong do your parents feel it would be for you to: Use marijuana?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Very wrong	69.9	71.2	62.0	67.7	76.4	72.9	61.2	69.9
Wrong	7.6	10.4	15.3	11.1	6.2	10.0	15.6	10.8
A little bit wrong	1.9	4.5	9.6	5.3	1.7	3.3	9.5	5.0
Not wrong at all	4.3	3.3	5.5	4.4	3.3	3.1	4.5	3.7
Don't know/Refused to answer	16.3	10.6	7.6	11.5	12.5	10.8	9.2	10.8

Table 122. How wrong do your parents feel it would be for you to: Use prescription drugs not prescribed to you?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Very wrong	71.9	77.4	81.1	76.8	78.2	78.4	79.8	78.8
Wrong	7.1	8.0	8.8	8.0	6.1	7.6	9.0	7.6
A little bit wrong	1.0	1.3	1.6	1.3	0.8	0.9	1.5	1.1
Not wrong at all	3.9	2.5	1.5	2.6	3.2	2.2	1.5	2.3
Don't know/Refused to answer	16.1	10.8	7.0	11.3	11.7	10.9	8.4	10.2

Table 123. How wrong do your friends feel it would be for you to: Have one or two drinks of an alcoholic beverage nearly every day?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Very wrong	49.2	41.6	35.8	42.2	55.5	47.2	38.3	46.7
Wrong	18.4	24.4	26.7	23.2	19.4	22.6	26.0	22.8
A little bit wrong	6.2	10.5	16.0	10.9	4.7	8.2	14.1	9.2
Not wrong at all	5.1	6.4	9.7	7.1	4.0	5.2	8.4	6.0
Don't know/Refused to answer	21.2	17.1	11.8	16.7	16.3	16.8	13.2	15.3

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 124. How wrong do your friends feel it would be for you to: Smoke cigarettes?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Very wrong	53.8	47.1	45.2	48.6	60.3	51.5	42.6	51.2
Wrong	17.3	23.1	25.7	22.1	17.0	21.1	25.5	21.3
A little bit wrong	4.1	8.3	10.6	7.7	3.5	6.5	11.6	7.3
Not wrong at all	4.5	5.1	7.0	5.5	3.7	4.6	7.5	5.3
Don't know/Refused to answer	20.3	16.4	11.4	16.0	15.5	16.3	12.9	14.9

Table 125. How wrong do your friends feel it would be for you to: Use marijuana?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Very wrong	54.9	44.3	28.1	42.4	61.5	49.9	32.3	47.4
Wrong	14.7	20.0	18.4	17.7	14.8	19.7	20.0	18.2
A little bit wrong	3.9	10.1	18.4	10.8	2.7	7.6	16.7	9.2
Not wrong at all	4.7	8.9	23.5	12.4	3.9	6.4	17.8	9.6
Don't know/Refused to answer	21.8	16.7	11.6	16.7	17.2	16.4	13.1	15.5

Table 126. How wrong do your friends feel it would be for you to: Use prescription drugs not prescribed to you?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Very wrong	56.6	51.7	54.4	54.2	62.3	56.3	54.7	57.6
Wrong	14.1	20.9	22.4	19.1	14.7	18.9	22.0	18.7
A little bit wrong	3.0	6.0	7.3	5.4	2.5	4.6	6.7	4.7
Not wrong at all	4.6	4.3	4.4	4.4	3.6	3.6	3.8	3.7
Don't know/Refused to answer	21.7	17.2	11.6	16.8	16.9	16.5	12.7	15.3

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 127. If you wanted to, how easy would it be for you to get: Beer, wine or hard liquor (for example, vodka, whiskey or gin)?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Very easy	n/a	14.7	24.6	19.6	n/a	12.1	19.2	15.8
Sort of easy	n/a	15.7	22.1	18.9	n/a	15.9	21.8	19.0
Sort of hard	n/a	15.6	16.2	15.9	n/a	16.6	16.8	16.7
Very hard	n/a	30.6	20.3	25.5	n/a	33.6	23.6	28.4
Don't know/Refused to answer	n/a	23.4	16.9	20.2	n/a	21.8	18.5	20.1
Easy to get	n/a	39.7	56.2	48.1	n/a	35.8	50.3	43.6
Hard to get	n/a	60.3	43.8	51.9	n/a	64.2	49.7	56.4

*Easy to get is the sum of very easy and sort of easy; Hard to get is the sum of sort of hard and very hard. Both measures exclude "Don't know/Refused to answer" from the calculation.

Table 128. If you wanted to, how easy would it be for you to get: Cigarettes?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Very easy	n/a	8.1	13.1	10.5	n/a	5.8	10.6	8.3
Sort of easy	n/a	8.8	13.4	11.1	n/a	6.9	11.9	9.5
Sort of hard	n/a	13.6	19.0	16.3	n/a	14.3	18.9	16.7
Very hard	n/a	46.5	36.6	41.6	n/a	51.5	39.8	45.4
Don't know/Refused to answer	n/a	22.9	17.9	20.5	n/a	21.4	18.8	20.0
Easy to get	n/a	22.0	32.3	27.2	n/a	16.2	27.7	22.3
Hard to get	n/a	78.0	67.7	72.8	n/a	83.8	72.3	77.7

*Easy to get is the sum of very easy and sort of easy; Hard to get is the sum of sort of hard and very hard. Both measures exclude "Don't know/Refused to answer" from the calculation.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 129. If you wanted to, how easy would it be for you to get: E-cigarettes or other vaping products, such as Juul?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Very easy	n/a	10.3	21.3	15.7	n/a	8.5	17.5	13.2
Sort of easy	n/a	10.5	18.0	14.2	n/a	9.6	15.8	12.9
Sort of hard	n/a	12.5	15.3	13.9	n/a	12.6	15.2	14.0
Very hard	n/a	44.0	28.5	36.4	n/a	48.0	33.1	40.2
Don't know/Refused to answer	n/a	22.7	16.9	19.9	n/a	21.2	18.4	19.8
Easy to get	n/a	26.9	47.4	37.3	n/a	23.0	40.8	32.5
Hard to get	n/a	73.1	52.6	62.7	n/a	77.0	59.2	67.5

*Easy to get is the sum of very easy and sort of easy; Hard to get is the sum of sort of hard and very hard. Both measures exclude "Don't know/Refused to answer" from the calculation.

Table 130. If you wanted to, how easy would it be for you to get: Marijuana?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Very easy	n/a	10.3	25.7	17.9	n/a	7.3	18.6	13.2
Sort of easy	n/a	8.2	16.4	12.2	n/a	7.0	15.2	11.3
Sort of hard	n/a	10.2	13.5	11.8	n/a	11.1	14.5	12.9
Very hard	n/a	48.1	27.4	37.9	n/a	53.0	33.1	42.6
Don't know/Refused to answer	n/a	23.3	17.0	20.2	n/a	21.6	18.7	20.1
Easy to get	n/a	24.0	50.7	37.7	n/a	18.3	41.5	30.6
Hard to get	n/a	76.0	49.3	62.3	n/a	81.7	58.5	69.4

*Easy to get is the sum of very easy and sort of easy; Hard to get is the sum of sort of hard and very hard. Both measures exclude "Don't know/Refused to answer" from the calculation.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 131. If you wanted to, how easy would it be for you to get: Prescription drugs not prescribed to you?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Very easy	n/a	9.4	11.5	10.5	n/a	7.0	8.4	7.7
Sort of easy	n/a	8.6	10.4	9.5	n/a	7.5	9.0	8.3
Sort of hard	n/a	12.1	15.9	13.9	n/a	12.0	15.4	13.7
Very hard	n/a	46.0	42.9	44.5	n/a	51.7	46.9	49.2
Don't know/Refused to answer	n/a	23.9	19.3	21.7	n/a	21.8	20.3	21.0
Easy to get	n/a	23.6	27.2	25.4	n/a	18.6	21.8	20.3
Hard to get	n/a	76.4	72.8	74.6	n/a	81.4	78.2	79.7

*Easy to get is the sum of very easy and sort of easy; Hard to get is the sum of sort of hard and very hard. Both measures exclude "Don't know/Refused to answer" from the calculation.

Table 132. If you wanted to, how easy would it be for you to get: Shrooms (mushrooms that make you high) or psilocybin?

	State 2024			
	6th	8th	11th	Total
Very easy	n/a	2.8	6.2	4.5
Sort of easy	n/a	2.9	6.9	5.0
Sort of hard	n/a	8.1	13.2	10.8
Very hard	n/a	63.5	52.7	57.9
Don't know/Refused to answer	n/a	22.7	21.0	21.8
Easy to get	n/a	7.3	16.6	12.2
Hard to get	n/a	92.7	83.4	87.8

*New question in 2024. Easy to get is the sum of very easy and sort of easy; Hard to get is the sum of sort of hard and very hard. Both measures exclude "Don't know/Refused to answer" from the calculation.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 133. If you wanted to, how easy would it be for you to get: Other drugs such as cocaine, ecstasy, LSD, heroin, fentanyl or meth?

	State 2024			
	6th	8th	11th	Total
Very easy	n/a	2.2	3.6	2.9
Sort of easy	n/a	1.7	3.5	2.6
Sort of hard	n/a	6.6	9.7	8.2
Very hard	n/a	67.3	62.5	64.8
Don't know/Refused to answer	n/a	22.1	20.8	21.4
Easy to get	n/a	5.1	8.9	7.1
Hard to get	n/a	94.9	91.1	92.9

*New question in 2024. Easy to get is the sum of very easy and sort of easy; Hard to get is the sum of sort of hard and very hard. Both measures exclude "Don't know/Refused to answer" from the calculation.

Table 134. If you wanted to, how easy would it be for you to get: A loaded gun without a parent or other adult's permission?

	State 2024			
	6th	8th	11th	Total
Very easy	n/a	5.6	7.7	6.7
Sort of easy	n/a	6.3	7.4	6.9
Sort of hard	n/a	10.8	11.5	11.2
Very hard	n/a	55.8	53.3	54.5
Don't know/Refused to answer	n/a	21.5	20.1	20.7
Easy to get	n/a	15.3	18.9	17.2
Hard to get	n/a	84.7	81.1	82.8

*New question in 2024. Easy to get is the sum of very easy and sort of easy; Hard to get is the sum of sort of hard and very hard. Both measures exclude "Don't know/Refused to answer" from the calculation.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 135. There is a place or person I can go to if I need help with substance use problems for me or someone I care about.

	State 2024			
	6th	8th	11th	Total
Yes	n/a	n/a	75.0	75.0
No	n/a	n/a	6.9	6.9
Don't know/Refused to answer	n/a	n/a	18.1	18.1

*New question in 2024.

Table 136. Gambling, or betting, involves the risking of something of value (money, a watch, a soda, etc.) on a game or event in order to win money or something of value. Please choose ALL the types of gambling that you have done in the last 3 months.

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
I did not gamble in the last 3 months	53.8	60.5	71.6	62.0	55.3	56.8	67.1	60.0
Sporting events where I was not playing (betting on a sporting event outcome, score, raffle, pool, etc.)	7.2	10.3	14.8	10.1	3.3	5.1	4.9	4.4
Skill games where I was playing (sports, video games, dares, etc.)	16.5	24.2	25.3	21.4	8.8	10.9	9.3	9.7
Games of chance where I was playing (cards, dice, Lotería, etc.)	10.1	16.8	22.9	15.6	5.2	8.9	8.4	7.6
Lottery games (scratchoffs, PowerBall®, Megabucks™, etc.)	3.3	5.6	5.5	4.7	2.1	2.9	2.6	2.6
Internet/online gambling activities (using real money to purchase tokens or loot boxes for e-sports, casino games, video games, etc.)	3.1	6.0	11.1	6.1	2.3	3.9	4.7	3.7
Other activities where I bet or gambled	6.0	8.6	8.7	7.6	2.9	3.3	2.5	2.9
Don't know/Refused to answer	31.6	21.7	13.0	22.1	27.9	22.8	15.3	21.8

*Totals may not sum to 100% as multiple responses are permitted.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 137. Gambled in the past 3 months

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Yes, I have gambled in the past 3 months	21.3	22.7	17.7	20.5	23.3	26.4	20.8	23.3
No, I haven't gambled in the past 3 months	78.7	77.3	82.3	79.5	76.7	73.6	79.2	76.7

*Denominator excludes those who say "I am not sure", "I don't know what this question is asking", and "I prefer not to answer".

Table 138. During the last 3 months, how often have you... Skipped hanging out with friends or family who do not gamble or bet to hang out with friends or family who do gamble or bet?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Never	n/a	n/a	97.2	97.2	n/a	n/a	86.1	86.1
Sometimes	n/a	n/a	1.1	1.1	n/a	n/a	4.6	4.6
Most of the time	n/a	n/a	0.3	0.3	n/a	n/a	1.1	1.1
Almost Always	n/a	n/a	0.2	0.2	n/a	n/a	1.8	1.8
Don't know/Refused to answer	n/a	n/a	1.1	1.1	n/a	n/a	6.3	6.3

*Denominator is respondents who responded "Yes" to having gambled in the past 3 months.

Table 139. During the last 3 months, how often have you... Felt that you might have a problem with gambling or betting?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Never	n/a	n/a	97.8	97.8	n/a	n/a	83.8	83.8
Sometimes	n/a	n/a	1.2	1.2	n/a	n/a	8.4	8.4
Most of the time	n/a	n/a	0.3	0.3	n/a	n/a	2.0	2.0
Almost Always	n/a	n/a	0.2	0.2	n/a	n/a	2.0	2.0
Don't know/Refused to answer	n/a	n/a	0.5	0.5	n/a	n/a	3.7	3.7

*Denominator is respondents who responded "Yes" to having gambled in the past 3 months.

2024 STUDENT HEALTH SURVEY (SHS) DISTRICT SUMMARY RESULTS

Table 140. During the last 3 months, how often have you... Hidden your gambling or betting from your parents, other family members or teachers?

	State 2022				State 2024			
	6th	8th	11th	Total	6th	8th	11th	Total
Never	n/a	n/a	97.9	97.9	n/a	n/a	87.9	87.9
Sometimes	n/a	n/a	0.9	0.9	n/a	n/a	3.4	3.4
Most of the time	n/a	n/a	0.3	0.3	n/a	n/a	1.6	1.6
Almost Always	n/a	n/a	0.4	0.4	n/a	n/a	2.8	2.8
Don't know/Refused to answer	n/a	n/a	0.5	0.5	n/a	n/a	4.2	4.2

*Denominator is respondents who responded "Yes" to having gambled in the past 3 months.

Table 141. How honest were you in answering the questions?

	State 2024			
	6th	8th	11th	Total
I was very honest	87.1	79.7	79.2	81.9
I was honest most of the time	12.9	20.3	20.8	18.1

*New question in 2024. Respondents who responded, "I was honest once in a while" and "I was not honest at all" were marked as invalid and not included in survey results.

DRUG-FREE COMMUNITIES CORE MEASURES REPORTING

DRUG-FREE COMMUNITIES

Risk factors are associated with drug use and other problem behaviors (delinquent and antisocial behavior, school drop-out and teenage pregnancy). While exposure to one risk factor does not determine if a child will have problems later in life, research shows that exposure to a greater number of risk factors increases a young person's risk exponentially.

The Drug-Free Communities (DFC) Support Program (<https://www.samhsa.gov/about/offices-centers/csap>), administered by the Center for Substance Abuse Prevention, is the nation's leading effort to mobilize communities to prevent and reduce substance use among youth.

More than 700 community coalitions across the country receive funding up to \$125,000 per year to strengthen collaboration among local partners to create or strengthen infrastructure that reduces youth substance use. The grant funding for this requires specific data referred to as the Core Measures. We included additional questions about e-cigarette use for added context about substance use among youth.

DFC programs are required to report on four (4) categories:

- Alcohol;
- Tobacco;
- Marijuana; and
- Prescription drugs not prescribed by a doctor.

Required DFC Reporting

The table on the following page includes all of the information required for DFC reporting.



APPENDIX II: DRUG-FREE COMMUNITIES CORE MEASURES REPORTING

Core Measure	Definition	Substance	6th		8th		11th	
			Percent	Sample	Percent	Sample	Percent	Sample
Perception of risk (People are at moderate or great risk of harming themselves if they...)	Have five or more drinks of an alcoholic beverage once or twice a week?	Binge drinking	61.2	15,883	70.4	15,062	75.1	12,530
	Smoke one or more packs of cigarettes per day?	Cigarettes	72.8	16,418	80.7	15,279	85.5	12,659
	Use e-cigarettes or other vaping products, such as Juul?	E-cigarettes	68.7	15,539	75.9	15,010	80.1	12,486
	Use marijuana regularly (once or twice a week)?	Marijuana	65.5	15,325	67.4	14,953	55.8	12,509
	Use prescription drugs that are not prescribed to them?	Prescription drugs	74.4	15,813	83.5	15,014	89.7	12,559
Perception of parental disapproval (Parents feel it would be wrong or very wrong to...)	Have one or two drinks of an alcoholic beverage nearly every day?	Regular drinking	92.6	17,298	93.4	16,105	92.8	12,996
	Smoke cigarettes?	Cigarettes	94.8	17,413	95.6	16,154	95.8	13,086
	Use Marijuana?	Marijuana	94.4	16,926	92.9	16,014	84.6	12,957
	Use prescription drugs not prescribed to you?	Prescription drugs	95.4	16,971	96.5	15,904	96.8	12,966
Perception of peer disapproval (Friends feel it would be wrong or very wrong to...)	Have one or two drinks of an alcoholic beverage nearly every day?	Regular drinking	89.5	16,379	83.9	15,123	74.0	12,362
	Smoke cigarettes?	Cigarettes	91.6	16,478	86.7	15,164	78.1	12,386
	Use Marijuana?	Marijuana	92.1	16,105	83.3	15,110	60.2	12,334
	Use prescription drugs not prescribed to you?	Prescription drugs	92.7	16,050	90.1	14,933	87.9	12,299
Past 30-day use (at least one use in the past 30 days)	Had beer, wine, or hard liquor?	Alcohol	1.6	17,059	4.8	15,268	13.2	12,349
	Smoked cigarettes?	Cigarettes	n/a	18,820	1.0	17,203	2.8	13,515
	Use e-cigarettes or other vaping products, such as Juul?	E-cigarettes	n/a	18,820	4.1	17,203	8.9	13,515
	Used marijuana?	Marijuana	0.4	17,037	2.3	16,871	9.6	13,069
	Prescription drugs?	Prescription drugs	0.3	16,410	0.5	16,808	0.5	13,789

* For Past 30-Day Use, Perception of Risk, and Perception of Parental/Peer Disapproval, the "Sample" column represents the sample size - the number of people who answered the question and whose responses were used to determine the percentage. The "Percent" column represents the percentage of youth in the sample answering the question as specified in the definition.

APPENDIX III: METHODOLOGY

The 2024 SHS was designed to be administered online to 6th, 8th and 11th graders statewide in one classroom period to provide state- and county-level estimates.

The sampling frame is based on the Oregon Department of Education's (ODE) Fall Membership Report for 2023-2024 and consists of public schools in Oregon with 6th, 8th and 11th grade enrollment of at least 10 students within the grade. The following types of schools were excluded from the sampling frame:

- State run schools/Schools with no associated school district, such as:
 - » Juvenile justice facilities
 - » Treatment facilities
 - » Boarding schools

HB 2656 requires districts to make the SHS available to students. Students may choose not to take the survey or may refuse to answer any question on the survey. Since the survey covers a comprehensive range of health-related topics, some of the questions can be considered sensitive. There are opportunities for districts, parents/guardians and students to choose whether or not to participate.

SHS uses an active notification/passive consent model for the survey. Once district approval is received, schools send Parental Notification letters to parents and guardians at least two weeks prior to survey administration to inform them of the upcoming survey and provide an opportunity to opt their student out of the survey. The parent letters were available in English, Spanish, Russian, simplified Chinese, Vietnamese and Somali. Students can also choose to opt themselves out of the survey or to skip over any question they do not want to answer.

OTHER IMPORTANT THINGS TO KNOW

- The online surveys were available in English and Spanish and had a Flesch-Kincaid Grade level of 6 (reader needs a grade 6 level of reading or above to understand it):
 - » 6th grade: 6.0
 - » 8th grade: 5.9
 - » 11th grade: 6.4
- The longer the survey, the higher the drop-off (i.e., non-response) for questions that are towards the end. To minimize this, some question topics were rotated on a random basis:
 - » School Climate, Absenteeism and Bullying
 - » Mental Health
 - » Healthy Body
 - » Access to Care
 - » Sexual Health, Dating Violence and Sexual Violence
 - » Injury Prevention
 - » Gambling, Substance Use and Drug-Free Communities
- School and district-level data are unweighted.
- The data are weighted by enrollment for state-and county-level estimates. State results are weighted to account for lack of participation from the one non-participating county.
- The participation rate for a large district (Salem-Keizer) was quite low, so caution should be used when interpreting results for Marion county.

PARTICIPATING DISTRICTS BY COUNTY

Baker

Baker SD 5J
Huntington SD 16J
Pine Eagle SD 6I

Benton

Monroe SD 1J
Alsea SD 7J
Corvallis SD 509J

Clackamas

West Linn-Wilsonville SD 3J
Lake Oswego SD 7J
North Clackamas SD 12
Molalla River SD 35
Colton SD 53
Oregon City SD 62
Estacada SD 108
Gladstone SD 115

Clatsop

Astoria SD 1
Jewell SD 8
Seaside SD 10
Warrenton-Hammond SD 30

Columbia

Scappoose SD 1J
Clatskanie SD 6J
Rainier SD 13
Vernonia SD 47J
St Helens SD 502

Coos

Powers School District 31
Bandon School District 54

Crook (did not participate)

Curry

Central Curry SD 1
Port Orford-Langlois SD 2CJ
Brookings-Harbor SD 17C

Deschutes

Bend-LaPine Administrative School District 1
Redmond School District 2J

Douglas

Oakland SD 1
Douglas County SD 4
Glide SD 12
North Douglas SD 22
Yoncalla SD 32
Riddle SD 70
Glendale SD 77
Reedsport SD 105
Sutherlin SD 130

Gilliam

Condon SD 25J

Grant

John Day SD 3
Prairie City SD 4

Harney

Harney County SD 3

Hood River

Hood River County SD

Jackson

Phoenix-Talent SD 4
Ashland SD 5
Central Point SD 6
Eagle Point SD 9
Rogue River SD 35
Prospect SD 59
Medford SD 549C

Jefferson

Culver SD 4
Jefferson County SD 509J

Josephine

Grants Pass School District 7
Three Rivers/Josephine County SD

Klamath

Klamath Falls City Schools
Klamath County SD

Lake

Lake County SD 7
Paisley SD 11
North Lake SD 14

Lane

Pleasant Hill SD 1
Eugene SD 4J
Springfield SD 19
Fern Ridge SD 28J
Mapleton SD 32
Creswell SD 40
South Lane SD 45J3
Bethel SD 52
Crow-Applegate-Lorane SD 66
McKenzie SD 68
Junction City SD 69
Lowell SD 71
Oakridge SD 76
Siuslaw SD 97J

Lincoln

Lincoln County SD

Linn

Harrisburg SD 7J
Greater Albany Public SD 8J
Lebanon Community SD 9
Sweet Home SD 55
Scio SD 95
Santiam Canyon SD 129J

Malheur

Ontario SD 8C
Nyssa SD 26
Adrian SD 61
Vale SD 84

Marion

Gervais SD 1
Jefferson SD 14J
North Marion SD 15
Salem-Keizer SD 24J
North Santiam SD 29J
St Paul SD 45
Mt Angel SD 91
Woodburn SD 103

Morrow

Morrow School District 1

Multnomah

Portland SD 1J
Parkrose SD 3
Reynolds SD 7
Gresham-Barlow SD 10J
Centennial SD 28J
Corbett SD 39
David Douglas SD 40
Riverdale SD 51J

Polk

Dallas SD 2
Central SD 13J
Perrydale SD 21
Falls City SD 57

Sherman

Sherman County SD

Tillamook

Tillamook School District 9
Neah-Kah-Nie School District 56
Nestucca Valley School District 101J

Umatilla

Milton-Freewater Unified SD 7
Hermiston SD 8
Pendleton SD 16
Athena-Weston SD 29RJ
Stanfield SD 61

Union

La Grande SD 1
North Powder SD 8J
Imbler SD 11
Elgin SD 23

Wallowa

Joseph SD 6
Wallowa SD 12
Enterprise SD 21

Wasco

Dufur SD 29

Washington

Hillsboro SD 1J
Banks SD 13
Forest Grove SD 15
Tigard-Tualatin SD 23J
Beaverton SD 48J
Sherwood SD 88J
Gaston SD 511J

Wheeler

Fossil SD 21J
Mitchell SD 55

Yamhill

Yamhill Carlton SD 1
Dayton SD 8
Willamina SD 30J
McMinnville SD 40
Sheridan SD 48J