

State Plan Personal Care (SPPC) Fact Sheet

Updated: April 7, 2026

Purpose

SPPC policy, Chapter 411 Division 034, has been amended to better align with Oregon's Medicaid State Plan. This document outlines the SPPC program changes.

Program changes

- “Personal care services” and “Supportive services” are now identified as Activities of Daily Living (ADLs) and Instrumental Activities of Daily Living (IADLs), respectively. The definitions of each ADL/IADL are specific to the SPPC 411-034 rules.
- Case managers can now assess eligibility based on needs occurring in the community, not just within the home. Providers can assist individuals with ADL/IADL needs in the community. For example: An individual is deaf/blind and independent with ADLs and IADLs at home but needs ADL assistance to safely navigate when in the community.
- The tasks of grocery shopping, transportation (including mileage reimbursement), using the telephone or other communication devices, and money management are now considered IADLs under the new rules. Select the [APD AAA Money Management Services \(MMS\) Training link](#) to access MMS training in Workday.
- The cognition definition has been enhanced so case managers can assess ADLs and IADLs with cognitive needs in mind. For instance, if an individual needs cueing or supervision to perform an ADL task safely, an individual would be an assist in that ADL.

- Individuals receiving SPPC are eligible for Home Delivered Meals.
 - Standard service hours are still up to 10 hours per pay period but are now authorized up to 270 hours per service plan year, rather than hours being assigned per month. This allows individuals to manage their hours in a way that fits their needs. For instance, if the individual needs more assistance in the winter, their case manager can authorize more than the 10 hours per pay period during the winter and assign fewer hours in another pay period, not to exceed 270 hours per service plan year. If an individual is interested in having different hours per pay period work with Central Office for additional support and direction.
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