

Resources and Training Guide

For Nurses in Oregon's
Intellectual and Developmental
Disabilities (I/DD) Sector



Resources and Training Guide:

**Navigating Nursing in I/DD: your pathway
to a nursing career in Oregon's intellectual
and developmental disabilities sector.**

DISCOVER

UNDERSTAND

THRIVE

Nursing in the intellectual and developmental disabilities (I/DD) sector is a specialty area of nursing practice dedicated to supporting individuals with I/DD. New nurses entering this sector, and those with I/DD experience, may wish to consider exploring specialized resources and training opportunities. These are some options to get you started:

Resources:

1. DDNA Practice Standards for Developmental Disability Nursing

This publication by the Developmental Disabilities Nurses Association (DDNA) provides a framework for professional nursing practice in I/DD. It offers clear, practical guidelines that emphasize relationship-based care, lifelong health management, and social inclusion. It introduces standards aligned with the latest research and professional competencies, including a focus on community involvement for individuals with I/DD. This resource

helps ensure nurses not only meet clinical expectations but also foster meaningful engagement with patients, enhancing their physical, mental, and social well-being.

<https://ddna.org/education/practice-standards/>

2. ANA's Intellectual and Developmental Disabilities Nursing: Scope and Standards of Practice

Published by the American Nurses Association (ANA), this guide provides an in-depth look at the scope of practice for I/DD nurses, covering key elements such as ethics, clinical practice, and professional development. It serves as a foundational text for understanding the evolving role of nurses in I/DD care, offering detailed standards that support quality care and the continuous professional growth of nurses. This resource is invaluable for those seeking to align their practice with national standards, ensuring a holistic and ethical approach to care.

<https://www.nursingworld.org/nurses-books/intellectual-and-developmental-disabilities-nursin/>

3. Oregon State Board of Nursing

Every nurse has a legal and professional responsibility to understand their legal scope of practice. Visit the Oregon State Board of Nursing (OSBN) website for the Oregon Nurse Practice Act, Oregon Administrative Rules, and many other resources.

<https://www.oregon.gov/osbn/pages/index.aspx>

Training:

1. Developmental Disabilities Nurses Association (DDNA)

DDNA offers various courses, webinars, and conference opportunities specific to the care of persons with I/DD.

<https://ddna.org/>

2. IntellectAbility - Replacing Risk with Health and Wellness

IntellectAbility offers eLearn Courses for Person-Centered Support. These online training modules are available for nurses and others who support people with intellectual and developmental disabilities.

<https://replacingrisk.com/idd-staff-training/>

3. NurseLearn

NurseLearn offers community-based care education for nurses in Oregon. While not I/DD specific, NurseLearn has modules covering a range of topics, including Creating Individualized Care/Service Plans, Behavior as Communication, Delegation, and more. The modules are free.

<https://nurselearn.com/>

4. Training through nursing associations/societies

Utilize nursing associations to continue your education. Consider what subset of population you will work with in order to find opportunities that are a fit. For example, if you work with children through the Children's

Intensive In-home Service, seek out pediatric associations related to a condition or diagnosis of interest, such as The Association of Pediatric Gastroenterology and Nutrition Nurses, The Society of Pediatric Cardiovascular Nurse, and The Pediatric Endocrinology Society.

5. Other online training opportunities

There are a multitude of class offerings available online. Seek out other online courses through a word search related to your topic of interest. Online courses can be self-paced and cover either broad topics or narrow focus topics.

6. Local training opportunities

Local/regional hospitals, health care institutions, or agencies may offer conferences, training, and skill practices to help you learn and improve your knowledge on a variety of topics.