



Shared Bedroom or Living Unit (Choice of Roommate) Fact Sheet for Home and Community-Based Services (HCBS) and Settings

Updated: March 19, 2026

Authority: [42 CFR 441.530\(a\)\(1\)\(vi\)\(B\)\(2\)](#), [42 CFR 441.710\(a\)\(1\)\(vi\)\(B\)\(2\)](#) and [42 CFR 441.301\(c\)\(4\)\(vi\)\(B\)\(2\)](#)

In a provider-owned, controlled, or operated residential setting:

There are new Federal Medicaid rules. These rules are about Home and Community-Based Services (HCBS) and settings. Under the new rules, if you share your bedroom or living unit you have a choice of roommate(s).

In Oregon this means:

When you share a room, you have a choice of who your roommate is. You do not have to accept a roommate that has been chosen for you. You also have the right to request a new roommate.

For all provider-owned, controlled, or operated residential settings:

- Providers are not required to have only private rooms.
- Providers are not required to convert shared rooms to private rooms.

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- Providers will work with you and follow any rules developed when filling a shared room vacancy.
- You have the right and a method to request a new roommate.
- You will have an opportunity to meet potential roommates.

If you want a new roommate, you have options. You may stay with your current roommate until there is another person available. You may choose to move to another setting. If you share a bedroom and continually reject roommates you might be interested in exploring other living options, including a private room.

There may be times that your assessed needs provide reasons to consider some limits when sharing a room and about your choice of roommates. Limits will not be used without your (or your legal representative's) informed consent. Limits will only be used when there is a health or safety risk. The federal rules allow for a transition period for states to fully comply with the new rules. For additional fact sheets or more information regarding the Oregon HCBS Transition Plan, please visit the link below.

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OREGON DEPARTMENT OF
Human Services

Aging and People with Disabilities

Long-Term Services and Supports

500 Summer St. NE, E-10

Salem, OR 97301-1076

503-945-5600

odhs.info@odhs.oregon.gov

www.oregon.gov/odhs